

## SOCIAL WORK

**Degree:** *Bachelor*

**Professional qualification:** *Social worker*

**Duration of study:** *4 years*

**Form of study:** *full-time;part-time*

Professional field 3.4. Social work at the South-West University "Neofit Rilski" is accredited by the National Evaluation and Accreditation Agency on 16.07.2018 and on the basis of an overall assessment of 9.26 (nine twenty-six) and period of validity of accreditation - six years).

The training in the Bachelor program of Social Work aims to prepare broad-profile professionals for the field of social work in accordance with the latest research, advances in professional practice and dynamic changes in society. The curriculum includes compulsory, elective and facultative subjects, and practice. It provides both fundamental theoretical and professional practical training and an opportunity to apply an integrative approach in the use of social, psychological, legal and medical knowledge. They allow the development of skills for:

- Communication with people of different ages, social strata and cultural and ethnic communities;
- Conducting social surveys;
- Making social prognoses;
- Solving specific social problems.
- The graduate must know and be able to:
  - apply the acquired knowledge in their professional practice in the field of social services, social assistance, social education and social prevention;
  - deliver social consultations to state institutions, non-profit organizations, charities, parents, teachers, and citizens;
  - Competently use and apply the law and regulations in the field of social care, services, and assistance.

The Bachelor program in Social work has an applied orientation and a wide range of teaching and learning methods.

The graduates acquire the professional qualification of ***Social Worker*** and are eligible to work as:

- Managers or specialists at any structure within the social welfare system;
- Specialists at any system where in are gulated position for performing social work exists (e.g. health care, judicial, law enforcement, etc.)

**CURRICULUM: SOCIAL WORK**  
**DEGREE: Bachelor**  
**PROFESSIONAL QUALIFICATION: Social worker**

<b>First Year</b>			
First Semester	ECTS credits	Second Semester	ECTS credits
Philosophy	2	Foreign Language	2
Economics	3	General Hygiene	3
General and Developmental Psychology	5	Basics of Social Work Professional Ethics	6
Informatics	3	Social Work with Ethno-cultural Communities	3
English Language	2	Demographics and Statistics	6
Anatomy and Physiology	6	Somatopathology	3
Basics of Social Work with Professional Ethics	6	Basics of Law	3
Social Pedagogy	3	Organization and Management of Social Services	4
Physical Education and Sports	-	Physical Education and Sports	-
<b>Total</b>	<b>30</b>	<b>Total</b>	<b>30</b>
<b>Second Year</b>			
First Semester	ECTS credits	Second Semester	ECTS credits
Communication Training	3	General and Labor Sociology	5
Organization and Management of Social Services	6	Labor and Employment Law	3
Social Psychology and Psychology of Communication	3	Social Policy	4
Neurology and Neuropsychology	3	Methods of Social Work	7
Family and Inheritance Law	3	Clinical psychology	4
General and Labor Sociology	3	Elective course from Group 1	5
Social Policy	4	Summer practicum in a social institution	2
Methods of Social Work	3		
Elective course from Group 11	2		
<b>Total</b>	<b>30</b>	<b>Total</b>	<b>30</b>
<b>Elective Courses – Group 11</b>		<b>Elective Courses – Group 1</b>	
Written and Oral Practice in Standard Bulgaria	2	Pediatrics	5
Working in a Team	2	Andragogy	5
Practicum in Social Work	2	Gerontology and Geriatrics	5
<b>Third year</b>			
First Semester	ECTS credits	Second Semester	ECTS credits
Basics of social management	5	Social Medicine	5
Communication Disorders	4	Psychoprophylaxis and Psychotherapy	6
Psychiatry	6	Child'legal Protection	4
Elective course from Group 2	4	Elective course from Group 4	5
Elective course from Group 3	7	Elective course from Group 5	6
One day practicum in social institutions	4	Summer Practicum	4
<b>Total</b>	<b>30</b>	<b>Total</b>	<b>30</b>
<b>Elective courses – Group 2</b>		<b>Elective courses – Group 3</b>	
Family communication and adaptation	4	Technology of Social Work with Children	7
Social communication and adaptation	4	Technology of Activities for Adults and Disabled People in the System of Social Welfare Services	7
Psychological Counseling and Crisis Intervention	4	Technology of Activities for Older People in the System of Social Welfare Services	7
<b>Total</b>	<b>30</b>	<b>Total</b>	<b>30</b>

<b>Elective courses- Group 4</b>		<b>Elective courses- Group 5</b>	
Child Psychopathology	5	Sexology and Sexual Education	6
Adult Psychopathology	5	Sexology and Sexual Education in Persons at Risk	6
Older People Psychopathology	5	Introduction to Sexuality and Sexual Deviations	6
<b>Fourth Year</b>			
First Semester	ECTS credits	Second Semester	ECTS credits
<b>Elective courses- Group 6</b>	5	Pre-graduation Practicum in social Institutions	20
<b>Elective courses- Group 7</b>	5	Graduation: state exam or thesis defense	10
<b>Elective courses- Group 8</b>	5		
<b>Elective courses- Group 9</b>	5		
<b>Elective courses- Group 10</b>	6		
One day practicum in social institutions	4		
<b>Total</b>	30	<b>Total</b>	30
<b>Elective courses- Group 6</b>		<b>Elective courses- Group 7</b>	
Introduction to Ergotherapy	5	Medical Rehabilitation for Children	5
Entertaining Therapy		Medical Rehabilitation for Adults and People with Disabilities	5
Art Therapy	5	Medical Rehabilitation for Old People	5
Occupational Therapy	5		
	5		
<b>Elective courses- Group 8</b>		<b>Elective courses- Group 9</b>	
Social Work in Penitential Institutions	5	Psychosocial Rehabilitation	5
Anti-oppressive Social Work	5	Supervision in Social Work	5
Social Work with Refugees and Migrants	5	Prevention of violence	5
<b>Elective courses- Group 10</b>			
Pedagogy and Habilitation of Children with Disabilities	6	Preparation and conduct of one-day practicum in social institutions	20
Palliative care	6	Preparation for Defense of Thesis	10
Labour Expertise and Job Placement	6		
		<b>Total</b>	30

**Total credits: 240**

# COURSE DESCRIPTION

## PHILOSOPHY

**ECTScredits:** 2.0

**Assessment type:**ongoing evaluation and final written exam

**Semester:**I

**Classes per week:** 2l+0s+0p

**Course type:**compulsory

**Course coordinating department:**

Department of Philosophy

Faculty of Philosophy

**Lecurer:** Assoc. Prof. Silviya Krasteva, PhD

**e\_mail:** [silvia.kristeva@swu.bg](mailto:silvia.kristeva@swu.bg)

**Annotation:**The course aims to reveal students that *Philosophy* is the realm of theoretical reasoning mind and wisdom, as exploring it as a science giving reasons of the pictorial, of its nature and way of existence, as science for nature, inner complexity and inconsistency of cognitive processes as a way of achieving the truth and yet for the meaning of life;

The aim of the course is not simply mastering the material content itself but its deep understanding. Emphasizing the universality of philosophical knowledge, we lead the logical thinking of students to the independent conclusion about the role of philosophy as a methodology of private-scientific and applied knowledge of formation of a particular worldview.

**Course content:**The place of philosophy in the spiritual culture of mankind.The concept of culture. Clarifying the basic structure of the spiritual culture. Subject specific and language of philosophical knowledge. Relationship of philosophy and other sciences. Philosophical self-reflection. Genesis of philosophy as negation of the empirical knowledge of mythological and religious explanations of the world and man's place in it.Ontological, epistemological, and ethical issues in ancient Greek philosophy.Anthropological ideas of Socrates, Plato and Aristotle.Middle Ages. Philosophy of scholasticism. Possible solutions: God and Reason. St. Augustine and Thomas Aquinas. The philosophy of the Renaissance. Priority of Reason, based on the achievement of natural science and the development of practical activities of man. Materialistic sensualism of John Locke and the subjective idealism of George. Berkeley and David Hume - XVII century. Rationalist tradition in philosophy in modern history. XVII c., XVIII c., XIX c. The problem of method - Deckard, Bacon, Spinoza; Rationalism and humanism of French philosophy in XVIII c. German classical philosophy - Kant, Hegel, Feuerbach; Radical coup d'etat in the philosophy of Karl Marx and Friedrich Engels. The creation of dialectical materialism and the materialist conception of history. Revival of Socrates's ideas. Philosophy of man. Schopenhauer, Nietzsche, Shpengler. Existence and thinking. The pictorial as purely idyllic existence and as available idyllic existence. The problem of finite and infinite. Matter and its basic properties, movement, time, space, reflection and information. Consciousness and spiritual activities of man. Contemplation. Thinking. Language. Imagination and creativity. Consciousness and subconsciousness. Truth. Error. Delusion. Lie. Objectivity and subjectivity of truth. Absoluteness and relativity of truth. Concreteness of truth. Criteria for authenticity of knowledge. Society and its history as an object of philosophical knowledge. The basic structure of society. Dialectics of objective and subjective in human activity. History as a natural process. Historical necessity and chance. Probability in the historical process. Necessity and freedom.

**Course organization and assessment:**The lecture course on *Philosophy* takes place in the traditionally approved way by using different audio-visual aids, videos.

The exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc. The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, participation in role-playing games and 1-2 tests on predefined topics from a questionnaire.

## ECONOMICS

**ECTScredits:** 3.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** I

**Classes per week:** 2l+0s+0p

**Course type:** compulsory

**Методическоръководство:**

Department of International Economic Relations

Faculty of Economics

**Lecturer:** Prof. Mariya Kicheva, PhD

**e-mail:** [mkicheva@swu.bg](mailto:mkicheva@swu.bg)

**Annotation:** The course discusses the principles in business and the mechanisms for their implementation, issues in management, economic policy, disputes in theory and inconsistencies in practice. The principles of macroeconomics, microeconomics and some important current economic issues are exposed consistently. The course focuses on the problems of the market system and state regulation, classical and Keynesian Theories of Employment, supply, demand and consumer behavior, main market models, as well as on agriculture, cities, and labor market.

The course aims at providing systematic knowledge on the key issues of the economy and clarifying the nature of the market system based on the scientific concepts at the end of XX century.

**Course content:** General theoretical basis of the market economy. Motivations of business entities; Economic models. Economic structures and interactions.

**Course organization and assessment:** The lecture course on *Economics* takes place in the traditionally approved way by using different audio-visual aids, videos.

Continuous assessment is based through tests on predefined topics of the researched material, and by evaluating students' assignments, and participation in discussions. The final exam is written. It consists of 8-10 questions. The grade is based on the continuous assessment and the final written exam applying predefined criteria.

## GENERAL AND DEVELOPMENTAL PSYCHOLOGY

**ECTScredits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** I

**Classes per week:** 3l+1s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Psychology

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Maria Mutafova, PhD

**e-mail:** [mariamutafova@swu.bg](mailto:mariamutafova@swu.bg)

**Annotation:** Psychology plays an important part in the overall preparation of students. In the course significant patterns and psychological conditions for the functioning of the psychological health of individuals are revealed. The course gives knowledge of *General and Developmental Psychology*.

The course will enable students to enhance their educational and professional competence by directing them to summarize information about the regularities in age psychological development during the early stages of the individual's life cycle (0; 0-21; 0), which has a significant influence on human's formation throughout his life time.

Such information is required as a prerequisite for professional training and determines the level of future career development in a predictive aspect.

When studying different age periods, one focuses on the peculiarities of the development and formation of personality of children and adolescents as one of the most important properties/features.

In the cognitive aspect the following content modules are included:

- 1) Historical and methodological problems of General and Developmental Psychology
- 2) Theoretical problems of development;
- 3) Psycho-Analytical age periodization;
- 4) Psychosocial age periodization;
- 5) Cognitive age periodization;
- 6) Tasks age periodization.

Objectives of the course:

- Students should acquire basic assumptions of man's psychogenesis.
- Clarification and active use of the concepts of General and Developmental Psychology;
- Realizing the necessity of awareness regarding the characteristics of different age periods for a successful career.

**Course content:** Subject of General Psychology. Methods of psychological research. Analytical psychological processes. Feeling. Perception. Cognitive processes - constructs of secondary characters. Idea. Imagination. Thinking. Mediating psychological processes. Memory. Attention. Emotions - specific features and functions. Psychiatric conditions. Consciousness. Structural concepts of personality. Complex mental characteristics of personality. The problem of age development of the psyche. Subject of age psychology. Psychological research methods. Psychoanalytic age periodization. Psychoanalytic theory. Age characteristics in different periods. Psychological treatment. Psychosocial age periodization. Psychosocial theory. Age characteristics in different periodic psychological profile. Cognitive age periodization. Cognitive theory. Age characteristics in different life stages. Tasks age periodization. Developmental Tasks theory. Age characteristics in different life stages.

**Course organization and assessment:** The evaluation of the results achieved in the training process is consistent with the requirements of Regulation No. 21 by the Ministry of Education and Science from September 30<sup>th</sup>, 2004 for implementation of a system for credit accumulation and transfer. There is an examination in the form of a written test on a topic from the syllabus. The final evaluation considers any ongoing evaluations during the semester.

## INFORMATICS

**ECTS credits:** 3.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** I

**Classed per week:** 11+0s+2p

**Course type:** compulsory

**Course coordinating department:**

Department of Informatics

Faculty of Mathematics and Natural Sciences

**Lecturer:** Prof. Daniela Tuparova, PhD

**e-mail:** [ddureva@swu.bg](mailto:ddureva@swu.bg)

**Annotation:** The course is aimed at improving the digital competencies of students according to their future realization. After completing the course, students should be able to: apply basic principles and applications of information technology in the relevant professional field; work with modern word processing tools; data processing with spreadsheets; present information to the public through computer presentation systems.

**Course content:** Introduction; Computer System; Software; Operating systems; Copyrights and licenses in IT; Application software – word processing, spreadsheets, presentations; Multimedia formats; Internet services; Computer security – computer viruses and antivirus software

**Course organization and assessment:** The lectures are presented with a video projector while seminars are conducted in a computer lab with Internet access. During the lectures students are given assignments, which shall be evaluated by the assistant professor. The learning materials are provided in e-learning environment based on Moodle at [www.e-learning.swu.bg](http://www.e-learning.swu.bg) during the semester students will be evaluated in two control practical works – word processing and spreadsheets and one simple project in MS Power Point.

The final evaluation/grade is formed on the basis of the ongoing evaluation and the final exam – test in e-learning environment..

Only students whose assessment of the current control is not lower than the average (3.00) should be allowed to take the final written exam. The ratio between ongoing evaluation and final test is 50% - for ongoing evaluation and 50% for final test.

## ENGLISH LANGUAGE

**ECTS credits:** 4.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** I, II

**Classed per week:** 0l+0s+2p

**Course type:** compulsory

**Course coordinating department:**

Department of Literature

Philological Faculty

**Lecturer:** Assoc. Prof. Tanya Stoyanova PhD; Assist. Prof. Vesela Ivanova

**e-mail:** [tadrag2001@swu.bg](mailto:tadrag2001@swu.bg); [vessi\\_ivanova@yahoo.com](mailto:vessi_ivanova@yahoo.com)

**Annotation:** The course encompasses the whole 1-year period of studies and aims at the practical acquisition of English at level A1-A2 according to the European Language Framework and includes the two basic areas: lexis and grammar and the four skills: reading,

writing, listening and speaking. The aimed levels of language competence serve as a basis for the development and use of teaching materials and assessment tests covering the two areas and the four skills.

**Course content:** Tenses. Questions; Present tenses; Past tenses; Much/ many. Some/ any. A few, a little, a lot of; Articles; Verb patterns; Future forms; Comparatives and superlatives; Synonyms and antonyms; Present Perfect; Adverbs, word pairs; Time clauses; Passives; Past Perfect; Reported statements.

**Course organization and assessment:** The ESL course lasts two semesters and students use original textbooks and workbooks (Headway – Student's Book and Workbook). The acquisition of ESL knowledge is checked through tests, essays, etc., as well as speaking exercises (discussions, stories). There are lessons for mastering vocabulary in the field of social work. For the needs of students majoring in Social Work, there are training classes, which provide students with comprehensive knowledge of specialized vocabulary and terminology. Extramural activities include written assignments. At the end of each semester, students should take a final test. The final mark presents the average of the marks from the final test, the mid-term tests and extracurricular work of the students.

## ANATOMY AND PHYSIOLOGY

**ECTS credits:** 6.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** I

**Classes per week:** 2l+0s+2p

**Course type:** compulsory

**Course coordinating department:**

Department of Anatomy and Physiology

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Nevena Pencheva, PhD

**e-mail:** [npencheva@swu.bg](mailto:npencheva@swu.bg)

**Annotation:** The program introduces the structure and basic functions of the child and the principles of physiologic regulation. In detail is considered the structure of the nervous system as a prerequisite to explain and understand the important vital functions - reflexive activity, emotions, motivation, regulation of alertness and sleep. Their implementation has a direct effect on higher nervous activity and higher cortical functions – the integrative nature of the nervous system. The awareness in anatomy and physiology should serve as a basis for the study of General Hygiene, for easy control of psychology, and more targeted interpretation of the social impact.

The course aims to provide fundamental training in studying the shape and structure of the human body and its normal development.

**Course content:** Introduction; Cells and tissues; Physiology of excitation; Spinal and cerebrum; Reflexive activity of the nervous system; Autonomic nervous system; Sensory organs; Locomotory system; Blood - morphology and function; Cardiovascular system; Respiratory system; Digestive system; Metabolism and water; Skin and thermoregulation; Genitourinary system and reproductive system; Endocrine system.

**Course organization and assessment:** The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos. The practical exercises are conducted primarily through the use of atlases, schemes, sketches and videos. The final exam is written. The ongoing assessment is based on tests on predefined topics from the studied



material, and on evaluation of assignments in line with each intended theme and participation in discussions at the demonstrations.

## **BASICS OF SOCIAL WORK WITH PROFESSIONAL ETHICS**

**ECTS credits: 12.0**

**Assessment type:** written exam

**Semester: I, II**

**Classes per week:** 2/3l+1/1s+1/1p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Viktoriya Sotirova, PhD;

**Annotation:** The course in *Basics of Social Work with Professional Ethics* is introductory and essential for the study of the problems of social activity, social work, and social policy. In it the basic concepts, approaches, and methods of social work, protection and support, are being examined; as well as the connections between them and social administration, policy, and management.

During the course the development of social work, its theoretical schools and directions, and its problems and perspectives for development are being examined. The emphasis is on the problems, methodology, and methods of social work, its objects and subjects; as well as on social problems and the approaches, methods, and means to solve them. The students will also study the types of protection and support while working with individuals, families, and groups.

**Course content:** The discipline aims to teach the students a system of basic knowledge and skills for social activity in its two main directions – social work – social protection and support, and social administration.

The lectures will teach the students the basic information for the areas, the regulatory base, organization, and management of social work in the country, to underline and explain its elements; and on this basis to describe in more detail the different elements and sub-systems of the social system for protection of people and families. The greatest attention will be paid to the immediate social work (social support and protection of unemployed, disabled, and children at risk) – protection and support.

The goal of the seminars and practical classes is to actively meet the students with the general and particular characteristics of social work and mainly – of social protection and support. The methods, means, and ways for social support while working with poor, helpless, unemployed, disabled, children at risk, part-time workers, and others; will be discussed.

**Course organization and assessment:** The lecture course uses a complex, system-wide approach, which analyzes the general and particular of social work, its positive and negative characteristics. The students will build up a critical attitude towards the development and realization of social work.

In the course, the students get a current assessment through test and presented theoretical works.

The course ends with a written examination – a test, which includes 12 questions, of a previously set conspectus. The criteria, in which a mark is given, are: punctuality, clarity, and precision in the representation of the scientific information.

## SOCIAL PEDAGOGY

**ECTS credits:** 3.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** I

**Classes per week:** 2l+1s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Maya Tcholakova, PhD

**e-mail:** [maya\\_tcholakova@swu.bg](mailto:maya_tcholakova@swu.bg)

**Annotation:** The purpose of this teaching course is to introduce students to the scientific theoretical foundations of Social Pedagogy, the basic concepts, approaches and methods of social-pedagogical work, and the specifics of social-pedagogical work in various contexts.

**Course content:** Emergence and historical development of Social Pedagogy; The subject and object of Social Pedagogy. Terminology; Objectives, functions and scope of Social Pedagogy; Socialization, social learning and social education; Methodology and research methods of Social Pedagogy; Approaches and methods for social-pedagogical work; Specifics of the social-pedagogical work in schools. Functions of the pedagogical advisor; Social-pedagogical work with children with deviant and delinquent behavior; Social-pedagogical work with families; Lifelong learning; Professional ethics and profile of the social pedagogue.

**Course organization and assessment:** The course is conducted using contemporary methods of teaching and learning, such as multimedia presentation, video, role-play, case study, debate, and so on. The seminars aim to broaden and enrich students' knowledge through self-study of literature, case studies, debating.

The forms of evaluation are formative assessment and final written exam. The formative assessment is held by evaluating self-developed theses, essays, and 1-2 written tests.

## GENERAL HYGIENE

**ECTScredits:** 3.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** II

**Classes per week:** 2l+0s+1p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Plamen Dimitrov, PhD

**e-mail:** [p.dimitrov@swu.bg](mailto:p.dimitrov@swu.bg)

**Annotation:** This training course foresees questions related to hygiene and health requirements, rules and control of ambient air, water, soil, food, and labor. Attention is drawn also on the contaminants of the biosphere, and the diseases they cause. In view of the fact that social services are inherently humanitarian, there is an indirect relationship with the majority of other subjects. The course aims to familiarize students with human's life development, life span, work, and lifestyle.

**Course content:** Hygiene and prophylaxis; Biosphere; Hygiene of ambient air; Hygiene of water and urban water supply; Hygiene of soil; Hygiene of urban settlements; Hygiene of

prevention, social and specialized establishments; Personal hygiene; Hygiene of nutrition; Occupational hygiene; Epidemiology.

**Course organization and assessment:**The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos. The practical exercises are conducted primarily through regular visits of childcare centers and the local Hygiene and Epidemiology Inspectorate, and discussions of various documents. The final exam is written and consists of 8-10 questions. The ongoing assessment is based on taking class tests, evaluating students' assignments/projects and participation in discussions at the demonstrations.

## **SOCIAL WORK WITH ETHNOCULTURAL COMMUNITIES**

**ECTS credits: 3.0**

**Assessment type:** ongoing evaluation and final written exam

**Semester:** II

**Classes per week:** 2l+0s+1p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Maya Tcholakova, PhD

**e-mail:** [maya\\_tcholakova@swu.bg](mailto:maya_tcholakova@swu.bg)

**Annotation:** This teaching course forms the theoretical basis and the specific requirements of social work with representatives of ethno-cultural minority communities. The course aims to provide students with specific training including, primarily, basic knowledge about socio-cultural characteristics of ethnic communities in the country, methods and forms of social work with them, and introduction to the concepts of cultural competence, anti-oppressive and anti-discrimination social work. Teaching is focused on the current research in the field and aims to form knowledge and skills through critical reflection and self-reflection

**Course content:** Basic concepts in social work with ethnic communities; Anti-oppressive and anti-discrimination social work; Socio-demographic and ethnocultural characteristics of the Roma population in Bulgaria: demographic structure, social status, cultural identity; Socialization/ enculturation of Roma children: specificity and guidelines for effective practice; Specifics of refugees and migrants in Bulgaria: legal and institutional framework; Case work with refugees and asylum seekers; Working in a multidisciplinary team; Specifics of working with unaccompanied minors; Basic forms and methods of social work with ethnocultural communities; The role of the social worker in the process of social inclusion of ethnocultural communities.

**Organization of instruction and assessment:** The course is conducted using contemporary methods of teaching and learning, such as multimedia presentation, video, role-play, case study, debate, and so on. The practicum aims to broaden and enrich students' knowledge through self-study of literature, case studies, debating, training of specific intercultural skills. The forms of evaluation are formative assessment and final written exam. The formative assessment is held by evaluating self-developed cases, role plays, and 1-2 written tests.

## **DEMOGRAPHICS AND STATISTICS**

**ECTS credits: 6.0**

**Assessment type:** exam  
**Semester:** II  
**Classes per week:** 2l+1s+1p  
**Course type:** compulsory  
**Course coordinating department:**  
Department of Informatics  
Faculty of Mathematics and Natural Sciences  
**Lecturer:** Assoc. Prof. Elena Karashtranova, PhD  
**e-mail:** [helen@swu.bg](mailto:helen@swu.bg)

**Annotation:** Demographics and Statistics is a mandatory course included in the BA programme “Social Activities”. Students are introduced to the elements of descriptive statistics, the methods for testing hypotheses, the study of dependencies and the analysis of time series and their application in the study of socio-economic processes. The course lasts one semester and is based on the knowledge of statistics and IT /MS-Excel/, acquired during secondary school education. The proposed educational content has a bearing on all courses requiring analysis of empirical data sets. The extramural activity under this course includes presenting a term paper, working in the library and using a computer.

**Course content:** Main tasks of mathematical statistics. Random sampling. Types of statistical indicators. Data and presentation of data. Frequency distributions. Descriptive statistics. Measures of central tendency. Measures of dispersion. /MS EXCEL/. Probability. Random events. Random variables. Basic theoretical distributions. Scores – consistency, unbiasedness, efficiency. Distribution of the mean in cases of known and unknown variance. Central limit theorem. Fisher theorem. Corollaries. Sample size. Confidence intervals. Confidence intervals for the mean, the variance and the probability of “success”. /MS EXCEL/. Statistical hypotheses. Errors. Hypothesis testing for the mean and the variance of the population. Testing of hypotheses on the probability of “success”. /MS EXCEL/. Testing of hypotheses on the type of the distribution function. Analysis of dependencies – correlation, linear regression. /MS EXCEL/ANOVA. /MS EXCEL/. Time series. Key demographics. /MS EXCEL/. Analysis of statistical information. /EUROSTAT/.

**Course organization and assessment:** Mid-term assessment is achieved during seminars through the semester by means of course tasks (30% of the final grade). The course ends with a written exam on the studied material, according to the attached questionnaire (70% of the final grade). In case of receiving a poor grade at the exam, students may retake the exam while still retaining the grade from the course tasks assessment. Students prepare for the exam on the basis of the material taught during lectures and seminars and on the basis of the primary scientific literature sources. Students may also use materials referred to in the additional literature as well as other sources treating of the relevant material.

## SOMATOPATHOLOGY

**ECTScredits:** 3.0  
**Assessment type:** ongoing evaluation and final written exam  
**Classes per week:** 2l+0s+0p  
**Semester:** II  
**Course type:** compulsory  
**Course coordinating department:**  
Department of Medical Social Sciences  
Faculty of Public Health, Health Care and Sports  
**Lecturer:** Assoc. Prof. Yuliya Radenkova-Saeva MD, PhD  
**e-mail:** [jrsaeva2@yahoo.co.uk](mailto:jrsaeva2@yahoo.co.uk).

**Annotation:** This course aims at giving general knowledge in the field of pediatrics. Some common morphological changes and major pathogenetic mechanisms of emergence, development and outcome of diseases are discussed. Along with the fundamental knowledge the course focuses on important social aspects, especially on diseases that cause permanent changes and modify/distract former social status of the patient.

The knowledge gained during the training has an interdisciplinary character and the main goal is to use it as a base for studying both medical and other subjects with a social focus.

**Course content:** Introduction to pathology; Study of diseases; General etiology and pathogenesis of diseases; Etiologic factors; Reactivity and resistance of the organism; Immunity and allergies; Violation metabolism; Violation in peripheral circulation; inflammation; Fever; Restorative processes. Regeneration. Tumors; Pathology of blood, Respiratory pathology; Pathology of the cardiovascular system; Pathology of the liver and kidneys; Shock - types, mechanism.

**Course organization and assessment:** Basic knowledge is provided during lectures.

The exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc. The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, participation in role-playing games and 1-2 tests on predefined themes from the foreseen material.

## BASICS OF LAW

**ECTS credits: 3.0**

**Assessment type:** ongoing evaluation and final written exam

**Semester: II**

**Classes per week:** 2l+0s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Public Law and Public Management

Faculty of Law and History

**Lecturer:** Chief Assist. Prof. Vesela Mircheva, PhD

**e-mail:** [v.mircheva@law.swu.bg](mailto:v.mircheva@law.swu.bg)

**Annotation:** The discipline “Basics of Law” gives the fundamental legal concepts of the different branches of law in the Bulgarian legal system. The course explains the historical genesis of the law as a regulatory system of the public relations. The students study the basic principles for organization and functioning of the political institutions. In this regard, the students are provided a detailed review of the formation of the government authorities and their interactions. It emphasizes on the basic legal concepts of the public and private law.

**Course organization and assessment:** Teaching is conducted through lectures. They include discussions and debates on current issues, both theoretically and practically, research and discussion of the Bulgarian legislation, solving of cases, preparation of reports and writing of term papers. The requirements for the semester are regular attendance of the classes, implementation of the assigned tasks and participation in the teamwork. The knowledge of the students is assessed by regular tests during the semester, as the assessment of the results achieved during the course of study is in accordance with Regulation No. 21 of the Ministry of Education and Science from 30.09.2004 on the application of the system for accumulation and transfer of credits.

## ORGANIZATION AND MANAGEMENT OF SOCIAL SERVICES

**ECTS credits:** 10.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** II, III

**Classes per week:** 2l+1s+0p and 3l+1s+1p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. D.Sc. Pariz Parizov

**e-mail:** [p\\_parizov@swu.bg](mailto:p_parizov@swu.bg)

**Annotation:** The course includes studying the management of social affairs, solving problems related to staff rational and fair distribution of work tasks and periodic evaluation of professional presentation of social workers.

Students should acquire knowledge on organization and management to understand the nature of these processes.

**Course content:** Organization and management of social work.

**Course organization and assessment:** The course is conducted in a traditionally approved way by using different audio-visual aids, videos. The seminars are conducted primarily through the use of diagrams, sketches and videos, solving case studies, role playing, etc. The practical exercises are conducted in social welfare services.

The exam is written taking into account the ongoing evaluations during the semester.

## COMMUNICATION TRAINING

**ECTS credits:** 3.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** III

**Classes per week:** 1l+1s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Logopedics

Faculty of Public Health, Health Care and Sports

**Lecturer:** Chief Assist. Prof. Elka Goranova, PhD

**e-mail:** [elkalogo@swu.bg](mailto:elkalogo@swu.bg)

**Annotation:** Students should acquire knowledge in the areas of communication development, language, speech, types of communication, basic communicative skills, and social communication.

**Course content:** Communication development, Social communication, Basic communicative skills, Social worker and communication.

**Course organization and assessment:** Teaching methods: lectures, discussions, role games, and handouts. The final exam is written.

## SOCIAL PSYCHOLOGY AND PSYCHOLOGY OF COMMUNICATION

**ECTS credits:** 3.0

**Assessment type:** ongoing assessment and final written exam

**Semester:** III

**Classes per week:** 2l+0s+1p

**Course type:** compulsory

**Course coordinating department:**

Department of Psychology

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Rusanka Mancheva, PhD

**e-mail:** [r.p.mancheva@swu.bg](mailto:r.p.mancheva@swu.bg)

**Annotation:** The training course includes the study of social psychological aspects of personality, the problem of socialization, interpersonal conflicts within the small group, leadership and management. The problems of interpersonal conditions for efficient business discourse are discussed as well.

Students should acquire knowledge about the psychic phenomena emerging both in a small group and in large social communities and comprehend knowledge regarding business mechanisms and interpersonal communication.

**Course content:** The problem of personality in social psychology; Phenomena within the small group; Interpersonal communication.

**Course organization and assessment:** The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos.

The practical exercises are conducted primarily through the use of diagrams, videos, solving case studies, role playing, group discussions, case studies, work on cases, and research of literature to a given topic.

The exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc.

The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, participation in role-playing games and 1-2 tests on predefined themes from the course syllabus.

## NEUROLOGY AND NEUROPSYCHOLOGY

**ECTS credits:** 3.0

**Assessment type:** written exam

**Semester:** III

**Classes per week:** 2l + 0s + 1p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Rosen Kalpachky MD

**e-mail:** [rosen\\_kalpachki@swu.bg](mailto:rosen_kalpachki@swu.bg)

**Annotation:** The course on *Neurology* has an aim to familiarize students with the main methods and diagnostics in neurology as well as to allow them to learn typical features of the most common diseases in the nervous system leading to deficits - motor, sensory and coordination. Students will be introduced to the social side of the neurological diseases in detail, also to the “on time” diagnostics and methods for solving the accompanying social problems.

The accent of the lectures and exercises is on neurological diseases leading to severe disability – paralysis, speech and mental disorders. An algorithm is formed on managing patients with this kind of diseases.

**Contents of the course:** Introduction in neurology - subject, contents, parts of neurology. Functional anatomy and physiology of the nervous system. Neurological examination. Higher nervous activity. Interpretation of the main investigations in neurology. Cerebrovascular diseases. Headache – diagnostics and treatment. Epilepsy and sleep disorders. Dementia. Parkinson's disease and other neurodegenerative disorders. Inflammatory and traumatic diseases of the nervous system. Back pain and lower back pain, diseases of the peripheral nervous system. Vertigo and other disorders of the vestibular system. The influence of alcohol and other intoxications of the nervous system. Pediatric neurology. Neuro-oncology and the main principles of neurorehabilitation. Social aspects of neurological diseases.

**Course organization and assessment:** The referred themes are studied in relevance of their specific nature and in all of them are used multimedia and computer configuration.

Exercises – the stated topics, in the program of the course, are discussed and are consistent with the aims and tasks of it and their practical usage.

A test is the main form of examination and grading of students. Their knowledge and skills will be graded by the six-point system.

Testing procedures are: current control – it is implemented during the lectures and exercises; exam – the course is finished with a test, which includes 30 questions from questionnaire given in advance. The grading criteria are: accuracy, clarity, precision in the presentation of the scientific information.

## **FAMILY AND INHERITANCE LAW**

**ECTS credits:** 3.0

**Assessment type:** written exam

**Semester:** III

**Classes per week:** 2l+0s+0p

**Course type:** задължителна

**Course coordinating department:**

Department of Civil Law Sciences

Faculty of Law and History

**Lecturer:** Chief Assist. Prof. Desimira Yurukova, PhD

**e-mail:** [desimira21@yahoo.com](mailto:desimira21@yahoo.com)

**Annotation:** *Family and Inheritance Law* is a mandatory course included in the BA programme of *Social Work*. Students should master their knowledge of legal matters closely related to social activities. The focus is on the content of family relationships and laws for child protection.

**Course content:** Definition and concept of family law. Marriage - concept and conclusion. Conditions and obstacles to marriage. Nullity of marriage. Joint Matrimonial property. Personal property of the spouses. Origin. Adoption. Parental rights and responsibilities. Allowance. Divorce. Custody and Guardianship. Definition of inheritance, heir, heritage. Inheritance by law. Inheritance by will. Acceptance and waiver. Relations regarding inheritance. Partition.

**Course organization and assessment:** The course is conducted using multiple diagrams and sketches to illustrate examples from practice. The teaching methods are lectures, discussions, role games, presentations, and papers.



The evaluation of the results achieved in the training process is consistent with the requirements of Regulation No. 21 by the Ministry of Education and Science from September 30<sup>th</sup>, 2004 for implementation of a system for credit accumulation and transfer. The course ends with a final exam in the form of a written test and includes 12 questions, covering the entire study material.

## GENERAL AND LABOUR SOCIOLOGY

**ECTScredits:** 8.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** III,IV

**Classes per week:** 2l+1s+0p and 3s+1s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Sociology

Faculty of Philosophy

**Lecturer:** Prof. D.Sc. Valentina Milenkova; Chief Assist. Prof. Dilyana Kerankova

**e-mail:** [vmilenkova@swu.bg](mailto:vmilenkova@swu.bg); [dkeranova@swu.bg](mailto:dkeranova@swu.bg)

**Annotation:** *General and Labour Sociology* teaches students to read, understand, interpret, compare, prioritize, and analyze different social facts. The course aims to train some specific "skills of mind", which every modern science demands. The course lasts two semesters.

The goals of the programme are:

- to present systematically the origin and development of the sociological idea.
- to bring out the fundamental principles and basic systems of the sociological idea.
- to introduce students to the semantics of sociology, which would help them to comprehend the basic sociological categories, principles and methods.
- to justify the poliparadigmatic nature of modern sociology.
- to acquaint students with classical and modern literature.

**Course content:** The sociological idea in different ages; Sociology of "first positive attitude" Social stratification.

**Course organization and assessment:** The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos.

The course is conducted using multiple diagrams and sketches to illustrate examples from practice. Teaching methods are lectures, discussions, role games, presentations, and papers.

The exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc.

The ongoing assessment is performed by evaluating assignments on theoretical issues, conducting independent research, participation in role-playing games and 1-2 tests on predefined topics from the course syllabus.

## SOCIAL POLICY

**ECTScredits:** 8.0

**Assessment type:** written exam

**Semester:** III, IV

**Classes per week:** 2l+1s

**Course type:** compulsory

**Course coordinating department:**

Department of Philosophical and Political Science

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Petya Pachkova, PhD

**e-mail:** [pachkova@swu.bg](mailto:pachkova@swu.bg)

**Annotation:** The course in *Social Policy* examines the combination of social activities regulating social relations in order to monitor equality and inequality in society. Different communities and institutions - the state, political parties, NGOs, businesses, individual citizens, international institutions and organizations are subject to this regulation. As an object of regulation are considered different aspects of an individual's life - his work, health, education, family development, etc.

Students are supposed to have thorough knowledge of theory and practice in Bulgaria and abroad concerning the implementation of various social policies.

**Course content:** Social policy - practice and science. Functions and object of social policy. Demographic processes and social policy. Social Security - a social policy objective. Right to social security. Social risks. General and professional social risks. Pensions. Social assistance. Policy towards people with disabilities. Social and political aspects of labor. Right to work. Labor discrimination and social policies. Trends in social equality.

Social policy in respect of Employment. Working hours. Unemployment and social policy. The right to safe and healthy working environment. Social policy on income and poverty. Family social policy. Child Protection. Health care social policy. Social policy and education. Corporate social policy. The Social policy of the European Union.

**Course organization and assessment:** The course is conducted using multiple diagrams, sketches, videos, case studies, role playing games, etc. The teaching methods are lectures, discussions, role games, multimedia, and papers.

The exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc. The ongoing assessment is performed by evaluating assignments on theoretical issues, conducting of independent studies, participation in role-playing games and 1-2 tests on predefined themes from the foreseen material.

## METHODS OF SOCIAL WORK

**ECTS credits:** 10.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** III, IV

**Classes per week:** 1l+0s+1p and 3l+0s+3p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. D.Sc. Pariz Parizov

**email:** [p\\_parizov@swu.bg](mailto:p_parizov@swu.bg)

**Annotation:** The training course examines the methods of social work as an interdisciplinary contemporary science.

Course objectives:

- To introduce the theoretical grounds of the methods in social work as an independent area of scientific knowledge;
- To classify the methods;
- To find a place to practice the most appropriate and efficient method in different social situations.

Students should acquire knowledge of different scientific concepts and understand the specifics of the methods and their practical character.

**Course content:** Methodology; Methods in social work; Models of social work; Principles of social work; Nature of technology; Requirements for the profession of social worker; Types of skills in social work; Supervision in social work; Empathy; Ambivalence.

**Technology of education and assessment:** The course is conducted in traditionally approved way by using different audio-visual aids, videos.

The practical exercises are conducted primarily through the use of diagrams, videos, solving case studies, role games, group discussions, case studies, case work, and study of literature to a given topic.

The exam is written taking into account ongoing evaluations during the semester.

## WRITTEN AND ORAL PRACTICE IN STANDARD BULGARIAN

**ECTS кредити:**2.0

**Assessment type:** written exam

**Semester:** III

**Classes per week:**0l + 0s + 2p + 2 ec

**Course type:** elective

**Course coordinating department:**

Department of Bulgarian Language

Philological Faculty

**Lecturer:** Assoc. Prof. Lachezar Perchekliyski, PhD

**e-mail:**[llper@swu.bg](mailto:llper@swu.bg)

**Annotation:** The auditorium occupation consists of 30 classes (practical exercises). During the classes the students are studying 1)spelling, grammar and punctuation rules of the Bulgarian literary language as well as 2) characteristics of students' scientifically written texts and afterwards taking tests and solving language cases, creating plans of their own scientific texts on individually set topics. The student's extramural activity consists of independent work in the library; homework (solving language tests and creating student scientific texts); consultations with the professors; test preparation; written development of reports, essays or coursework.

The course main objective is to build skills among students to express themselves properly in creating written and spoken language. It will enable them to enrich their overall language skills, thus filling the gaps of knowledge in this area.

During the classes students are guided how to write and structure properly their research papers and then to argue and defend their theses in public.

**Course content:**Paragraphing. Entitling. Capitalizing. Formal and administrative style. Hyphenation. Commas and full stops. Dashes and quotation marks. Colons and semi-colons. Ya – E mutation rules. The definite article in the oral and the written mode of Modern Bulgarian. Syntactic coordination. Pronunciation rules. Functional styles. Scientific style. Language characteristics of scientific text.

**Course organization and assessment:**The evaluation of the results achieved in the training process is consistent with the requirements of Regulation No. 21 by the Ministry of Education and Science from September 30<sup>th</sup>, 2004 for implementation of a system for credit accumulation and transfer. There is an examination in the form of a written test covering the entire material taught at the end of the training course .

At the end of the course students should take a final exam. The final assessment of students' knowledge is formed on the basis of class tests/mid-terms and the final exam, as the ratio between the two estimates is 1: 2.

## WORKING IN A TEAM

**ECTS credits:** 2.0

**Assessment type:** written exam

**Semester:** III

**Classes per week:** 0l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Viktoriya Sotirova, PhD

**Annotation:** The course in *Working in a Team* is an elective discipline, intended for the students majoring in "Social Activities". The course material (practical tasks and exercises) covers the requirements for practical skills while working in a team, given in the qualification characteristic of the major.

In the discipline, the students will form the basic skills for team work, with emphasis on the specific of work in multidisciplinary teams, realized in social establishments with different groups of people and their families.

**Contents of the discipline:** The discipline aims to teach the students a basic system of practical knowledge and skills for the work in a team, which are in the basis of formation of new knowledge and competences.

The content and structure of the practical course through different actual problems and formulated structural tasks, aim to create the maximum possibilities to stimulate the individual and research work of the students.

**Course organization and assessment:** The practical classes aim to form a set of understandings and skills for the work in a team by encouraging research work, assisting to heighten the assertiveness and positive self-assessment of the students.

The classes are held in chosen for the task social establishments, where students can observe, in real environment, work in a team; they are also held in auditoriums, where by the use of documents, materials, and other sources are made posters, which uncover the essence, goal, tasks, principles, and values while working in a team. During the classes the students form knowledge and skills for the work in a team by entering, of each individual student, into a psycho-dramatic role on previously given cases, then reports are created on the cases.

The course ends with a written examination – a test, which includes 12 questions, of a previously set conspectus. The criteria, in which a mark is given, are: punctuality, clarity, and precision in the representation of the scientific information.

## PRACTICUM IN SOCIAL WORK

**ECTS credits:** 2.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** III

**Classes per week:** 0l+0s+15p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences  
Faculty of Public Health, Health Care and Sports  
**Lecturer:** Assist. Prof. Mariya Stoykova, PhD  
**e-mail:** [m\\_stoikova@swu.bg](mailto:m_stoikova@swu.bg)

**Annotation** This workshop, as another form of practical training of students, enters certain knowledge in the form of concrete practical work and describes the technology of the work itself. The theory is expressed mostly in the brief descriptions of exercises, examples and explanations to them. The focus is entirely on getting knowledge through practical experience.

**Course content:** The curriculum includes topics from the following areas: Essence of social work. Social work as a profession. Models and approaches in social work. Social work with case. Social work with groups. Social work with communities. Social work with children and families. Social work with old people. Social work with people with disabilities. Management of social work organizations.

**Course organization and assessment:** Practical exercises are conducted using a variety of methods and techniques of work such as role games, work in small groups to discuss projects and case studies and discussions on specific topics of expression and proof of ideas and opinions. Solving cases and case studies develop in students skills for independent work, encourage their professional growth and creative activity.

During the practical exercises students receive ongoing assessment.  
It is written account of the current assessment during the semester.

## LABOUR AND EMPLOYMENT LAW

**ECTScredits:** 3.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:**II

**Classes per week:** 2l+1s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Civil Law

Faculty of Law and History

**Lecturer:** Assoc. Prof. Verka Lazarova, PhD

**e-mail:** [v.lazarova@law.swu.bg](mailto:v.lazarova@law.swu.bg)

**Annotation:** The course *Labour and Employment Law* aims to offer to students the necessary knowledge on the basic principles, concepts and institutions of the Labour and Employment Law. The object of study is the applicable labour and insurance law of the Republic of Bulgaria. Its importance is determined by the rank of the wage labour in modern society, the vital importance of relations arising from participation in labour and occurred based on their social security relationships, as well as their management. Enforcement of labour and social security law occupies an important place in practice of education in social work experts such as managers, employees in government employment, social assistance, social security, health insurance and others. Therefore, the course of *Labour and Employment Law* is very important for the students' preparation in the *Bachelor program of Social Work*.

**Course content:** By teaching the course on "Labour and Employment Law" is aimed to familiarize the students with basic problems of legal regulation of public relations in connection with the provision of manpower by the employee to the employer concerning issues related to the formation, existence, implementation and termination of employment as

well as those related to material support of citizens expressed in the provision of material resources to meet their and their family members' needs in the form of cash benefits, pensions, allowances and other specific objects of use when they have fallen into a state of incapacity due to specific reasons - illness, accident, occupational disease, maternity, old age, death, unemployment, etc. In the course content "Labour and Employment Law" are included issues related to employment contract, its content, types of employment contract and termination. Discussed are institutes of labour law as working time, holidays, vacations. To acquire knowledge in the field of insurance law to the curriculum are added questions about social security of exercising persons in social risks and related to their occurrence insurance benefits to which the insured are entitled.

**Course organization and assessment:** The lecture course on *Labour and Employment Law* takes place in the traditionally approved way by using different audio-visual aids, videos. Conducted are seminars with exercises primarily through the use of diagrams, videos, solving case studies, group discussions, case studies, study of literature by a given topic.

In the process of training students receive ongoing evaluation of the presented theoretical developments.

The course ends with a written exam - a test that includes 12 questions from a predefined syllabus.

## CLINICAL PSYCHOLOGY

**ECTS credits:** 4.0

**Assessment type:** written exam

**Semester:** IV

**Classes per week:** 2l+1s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Viktoriya Sotirova, PhD

**e-mail:** [viktoria\\_sotirova@swu.bg](mailto:viktoria_sotirova@swu.bg)

**Annotation:** The course in "Clinical Psychology" is essential for the education of students majoring in "Social Activities". In it the nature and paradigm of clinical psychology, its problems, methods, methodology, and technology are being examined; as well as the approaches, principles, methods, and means that are used in the scientific direction.

The goal of the course is to familiarize the students, future social workers, with the basic problems of the science; its subject – "the psychic processes and conditions"; "the individual and interpersonal particularities"; "socio-psychological phenomena", and its object – all individuals that face with "difficulties" in the process of "adaptation and self-realization" in live; as well as the connected with them "physical, social, and spiritual conditions", concerning, directly or indirectly, the work of the helping specialists.

**Course content:** The discipline aims to teach the students a system of basic knowledge for clinical psychology, needed of the helping specialist in the process of providing socio-psychological support.

The lectures will give the students basic information for the essence of "psychic disorders – and psychic aspects of somatic disorders – illnesses", as well as its other activity directed to: "the increase of psychic resources and possibilities for adaptation" of people; "the harmonization of psychological development"; "care for health"; "prevention"; "psychological rehabilitation".

With the seminars it aims to actively meet the students with the general and particular characteristics of clinical psychology. The activities of a clinical psychologist and their connections with the work of helping specialists, the social workers, will be discussed.

**Course organization and assessment:** During the lectures and seminars a didactical and system-wide approach is used, by analyzing the general and particular in the assistive activities, its components, objects, approaches, principles, methods, means, goals, functions, and tasks. Methodological and technological attitude towards the nature and contents of clinical psychology is being build up in the students.

In the course the students get a current assessment through test and presented theoretical works.

The course ends with a written examination – a test, which includes 12 questions, of a previously set conspectus. The criteria, in which a mark is given, are punctuality, clarity, and precision in the representation of the scientific information.

## PEDIATRICS

**ECTScredits:**5.0

**Assessmenttype:** written exam

**Semester:** IV

**Classes per week:** 2l+0s+1p

**Course type:** elective

**Course coordinating department:**

Department of Logopedics

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Ekaterina Mitova MD, PhD

**e-mail:** [ekaterina@swu.bg](mailto:ekaterina@swu.bg)

**Annotation:** In the *Pediatrics* course of an expanded specialized training of students for social work with children is aimed. The program includes introduction to the most common acute and chronic diseases due to the fact that these patients often require prolonged and purposeful social care. A wider acquaintance with the epidemic and infectious diseases is also planned owing to the fact that some of them are defined as "typical" for children. parasitic diseases and opportunities for first aid in emergency and urgent conditions are discussed in special topics.

The main intentions of pediatrics training are to upgrade and integrate knowledge in all scientific disciplines (from anatomy and physiology to those relating to the methods and organization of social work, etc.) With pediatric, to supplement the fundamental training.

**Course content:** The course aims to draw the attention of students, future social workers with children to the problems and prospects of child healthcare in Bulgaria, to highlight the importance of the social problems of medicine and child healthcare, to explore the place and role of medico-social and social activities with children in health promotion and wider personal and social prevention.

The tasks of the course are:

- to outline the subject of pediatrics, the social, the preventive and the curative purposes;
- to emphasize the dynamics in birth rates, infant mortality, and outline the importance of morbidity and its structure;
- to make the future social workers empathetic to the general demographic and health problems, as well as overall morbidity and its structure, knowing that these issues, albeit indirectly are linked to the activity of future specialists;
- to provide knowledge of the principal damage in diseases of the muscles;
- to contribute to the establishment of a healthy lifestyle;

- provide knowledge about the classification of diseases of the respiratory system; to know the reasons and the main clinical features of multiple malformations;
- to provide knowledge about the main diseases such as rheumatism, diabetes, tuberculosis. Special attention is paid to disability in childhood and the impact on the child's body and the reasons and the main clinical features of multiple malformations; to provide basic theoretical knowledge of the most common cases requiring first aid and prove the principles of conduct for these emergencies.

**Course organization and assessment:** In lectures and practical exercises a comprehensive, system-wide approach to analyzing the public and private child health, its positive and negative characteristics is used. Students build a critical attitude to the pediatrics as a science. In the process of learning students receive current assessment of presented theoretical work. The course ends with a written exam - a test that in which 12 questions from a predefined syllabus are included. The criteria according to which the questions are assessed: accuracy, clarity and precision in the presentation of scientific information.

## ANDRAGOGY

**ECTScredits:**5.0

**Assessment type:** written exam

**Semester:** IV

**Classes per week:** 2l+0s+1p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Viktoria Sotirova, PhD

**e-mail:** [viktoria\\_sotirova@swu.bg](mailto:viktoria_sotirova@swu.bg)

**Annotation:**The course “Andragogy” is an elective discipline from the first group, targeted towards the students majoring in *Social Work*. The course covers the requirements for theoretical knowledge and practical skills for social work with adults, set in the qualification characteristics of the major.

In the course the historical development of Andragogy as a science, the theoretical schools and directions, its problems and perspectives for development are being examined. Emphasis is placed on the problems, methodology, and methods of Andragogy; its objects and subjects; as well as the “andragogical model” and “cycle” of work.

**Course content:**The discipline aims to teach the students a system of basic knowledge and skills for Andragogy “as a science of education of adults”.

With the lectures it aims to meet the students with: the essence and fundamental areas of Andragogy; the modern trends for education and communication, socialization and re-socialization of adult humans; it also aims to forms skills for: observation, cause and effect analysis, evaluation of the vital cycles and crisis, through which adults pass, which is the basis for the development of a basic practical skills for social work with adults.

During the practical classes the students form knowledge and skills for the development of the “andragogical model” and “cycle” of education of adults, which are the foundation for formation of new knowledge and competences.

**Course organization and assessment:**The lecture course is conducted in the traditionally established method with the use of many materials for visualization. The lecture, discussion, student debate, business games, and other educational methods are overlapping during the lectures.



The practical classes aim to develop the knowledge gained in the lecture course through independent research of literary sources, giving of personal arguments on certain questions. The classes endorse individual research, and contribute to increase the assertiveness and positive self-assessment of the students.

In the course the students get a current assessment through test and presented theoretical works.

The course ends with a written examination – a test, which includes 12 questions, of a previously set conspectus. The criteria, in which a mark is given, are: punctuality, clarity, and precision in the representation of the scientific information.

## GERONTOLOGY AND GERIATRICS

**ECTScredits:** 5.0

**Assessment type:** written exam

**Semester:** IV

**Courses per week:** 2l+0s+1p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Rosen Kalpachky MD

**e-mail:** [rosen\\_kalpachki@swu.bg](mailto:rosen_kalpachki@swu.bg); [neurozona@gmail.com](mailto:neurozona@gmail.com)

**Annotation:** Geriatrics (from Greek: geron - old and iatrea – treatment) is the study of diseases of adults and old people: its diagnosis, course, treatment and methods for social rehabilitation. The subject of geriatrics are both diseases in earlier age periods and specific gerontological diseases. Geriatrics deals with problems especially in the field of internal medicine, orthopedics, neurology and psychiatry and is an interdisciplinary field.

**Course content:** The course objective is to give students knowledge about general biological and medical-social aspects of aging and advanced clinical approaches in care of old people, which will enable students to acquire the competencies required for the implementation of professional health care with older patients, according to the modern quality standards. Students are provided practical skills and knowledge to communicate and take care of old people.

**Course organization and assessment:** Lectures - the referred themes are studied in relevance of their specific nature and in all of them are used multimedia and computer configuration.

Seminars - The topics in the program are reviewed and put into practice. A written exam/ test is the main form of examination and grading. Students' knowledge and skills will be graded by the six-point system.

Testing procedures are: current control – it is implemented during the lectures and exercises; exam – the course is finished with a written exam, which includes test, theoretical questions, practical tasks.

## BASICS OF SOCIAL MANAGEMENT

**ECTS credits:** 5.0

**Assessment type:** written exam

**Semester:** V

**Classes per week:** 3l+1s+0lab+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Viktoriya Sotirova, PhD

**e-mail:** [viktoria\\_sotirova@swu.bg](mailto:viktoria_sotirova@swu.bg)

**Annotation:** The discipline “Basics of Social Management” is essential for the education of students majoring in “Social Activities”.

The course concentrates on knowledge for the methodology, as well as the methods of social management of social organizations.

By the use of the complex system-wide approach, and analyzing if the general and particular of social management, their positive and negative characteristics, the students will form a critical attitude towards its realization in the public and private sectors.

**Course content:** The aim of the lecture course in “Basics of Social Management” is to teach the students majoring in “Social Activities” the theoretical knowledge for management, including social management; the place and the role of the social organization; the place and role of the administration of the social organization; the place and role of management in the social organization; the place and role of RP in social organization; the general and particular elements of the administrative system in the social area and its sub-system - for social support, social aid, unemployment and others.

The goal of the seminars is to meet the students with the general and particular characteristics of social management, to discuss the guidelines for theoretical and real development and improvement of the social management.

**Course organization and assessment:** In the lectures and seminars a theoretical and practical approach will be used, in order to analyze the general and particular in social management, its components, objects, subjects, approaches, methods, principles, means, goals, functions, and tasks. The students will be building up methodological and technological attitude towards the essence and content of social management.

In the course the students get a current assessment through test and presented theoretical works.

The course ends with a written examination – a test, which includes 12 questions, of a previously set conspectus. The criteria, in which a mark is given, are: punctuality, clarity, and precision in the representation of the scientific information.

## COMMUNICATION DISORDERS

**ECTScredits:** 4.0

**Assessment type:** written exam

**Semester:** V

**Classes per week:** 2l+1s+0p

**Course type:** compulsory

**Course coordinating department:**

Department of Logopedics

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Dobrinka Georgieva, PhD

**e-mail:** [logodoby@swu.bg](mailto:logodoby@swu.bg)

**Annotation:** Various aspects of the definition, etiology, pathogenesis, symptoms of all types of language, speech, voice and hearing pathology are analyzed. Students should acquire theoretical postulates offered to them in lecture and seminar course.

**Course content:** Communication - definition and types; Disorders of the peripheral speech apparatus; Communicative disorders at anomalies of maxillofacial apparatus; Disorders of centralized type; The role of the social worker in team approach to remedy the situation; Disorders of fluency; Haltingly. Reasons. Symptoms. Classification; Difficulties in learning. Disorders Alexia-dyslexic; Agrafiya -disgrafiya; Neurological level of communication regulation. Disorders - cerebral palsy, hearing and visual disturbances. The role of social worker in their elimination; Communicative disorders in emotional and behavioural disorders; Attention deficit / hyperactivity disorder; autism; Aspergar syndrome, Rett syndrome - their accompanying communicative disorders; The role of the social worker in team approach to eliminate disorders.

**Course organization and assessment:** Lectures and seminars.

The training is conducted within one semester and includes lectures and seminars. Attendance to lectures and seminars is obligatory

Evaluation consists of a final exam in the form of test and monitoring, which includes the development of essays and term papers as well as two class tests.

The evaluation of the results achieved in the training process is consistent with the requirements of Regulation No. 21 by the Ministry of Education and Science from September 30<sup>th</sup>, 2004 for implementation of a system for credit accumulation and transfer. There is an examination in the form of a written test covering the entire material taught at the end of the training course.

## PSYCHIATRY

**ECTSкредити:** 6.0

**Assessment type:** ongoing assessment and final written exam

**Semester:** V

**Classes per week:** 2l+1s+1p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Vaska Stancheva-Popkostadinova MD, PhD

**e-mail:** [v\\_stancheva@swu.bg](mailto:v_stancheva@swu.bg)

**Annotation:** The course examines any pathological changes in mental processes, with a focus on studying the basic disorders of the various fields of the psychic apparatus, the general laws of occurrence and some features of the course of mental health disorders in different stages of human life cycle.

Students should acquire knowledge about basic aspects of general psychopathology and key features of socially significant mental disorders, as well as skills for working in mental health teams for people with mental disorders.

**Course content:** The course consists of two modules: general psychopathology and disorders of mental health. The first module explores various disorders of mental functions and methods of investigation in psychiatry. The second module focuses on the etiology, pathogenesis and classification of mental disorders. Students are introduced to the main clinical characteristics and approaches for the treatment of both organic and symptomatic mental disorders; schizophrenic; affective disorders; anxiety disorders; disorders associated with substance

abuse; mental retardation; disorders of eating behavior; personality disorders. The final lecture presents the organization of the psychiatric care and the role of social worker in the different structures.

**Course organization and assessment:**The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos and if possible with a demonstration of cases.

The seminars are held in the form of semi-structured discussions with the moderating role of the lecturer and include discussions of different case studies, video analysis and discussion of survey results.

The practical sessions, if possible, are carried out in a daycare center and sheltered home for people with mental disabilities, a daycare center for children and adults with intellectual and physical disabilities. The aim is to enable students to build a therapeutic relationship with patients and then be able to perform their assigned tasks - working with documentation of the disease and wording in certain cases (schizophrenic, alcoholic disease. Addictions, dementia, affective disorders psychosomatic disorders, organic brain disorders).

There is an examination in the form of a written test covering the entire material taught at the end of the training course.

## FAMILY COMMUNICATION AND ADAPTATION

**ECTScredits:** 4.0

**Assessment type:** ongoing assessment and final written exam

**Semester:** V

**Classes per week:** 1l+1s+1p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Vaska Stancheva-Popkostadinova MD, PhD

**e-mail:** [v.stancheva@swu.bg](mailto:v.stancheva@swu.bg)

**Annotation:**The course aims to build understanding of the family as a group with its defined roles, functions, priorities and problems - in the context of the ecosystem approach and the theory of family life (stages of family development); to reveal the interconnection of family members; to propose models for family diagnostics based on understanding of family interactions; research, evaluation, intervention and planning of care; to communicate with institutions whose help it needs the family; building partnerships with semeystvoto when working on different social occasions.

This course on *Family Communication and Adaptation* offers knowledge about the phenomena of communication and adaptation and their specific deployment in the context of the family. There are discussions concerning the relevant concepts for helping the family as a group; framework for group behavior and group dynamics, which is useful for case work with individual families.

**Course content:** Through the course students become aware of the basic concepts of: theories of the family, different family types, methods of study of the family, the process of communication in the family; family crisis; family violence, foster families; practical work with families.

**Course organization and assessment:**The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos and if possible with a

demonstration of cases. During the seminars, students dispute different theoretical overviews to a given topic, discuss case studies and share personal experience.

The practical exercises include work with families at risk and studies of crises.

The course ends with either a written exam (test) or defense of a course project and taking into account ongoing evaluations during the semester.

There is an examination in the form of a written test covering the entire material taught at the end of the training course.

## **SOCIAL COMMUNICATION AND ADAPTATION**

**ECTScredits:** 4.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** V

**Classes per week:** 1l+1s+1p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Vaska Stancheva-Popkostadinova MD, PhD

**e-mail:** [v\\_stancheva@swu.bg](mailto:v_stancheva@swu.bg)

**Annotation:** The training course on *Social Communication and Adaptation* is based on two key social work concepts - adaptation and communication, as well as teamwork and supervision. Adaptation is considered in two main aspects, as a fundamental characteristic of living beings, including the individual and in the aspect of its disorder. Communication is viewed in its direct and through competent manifestation, as well as its theoretical and practical plan.

Students should acquire knowledge and skills for effective communication required for the social worker and the organization of work - in the formation and teamwork and interaction with other departments to ensure complete customer service.

**Course content:** the theory of communication; axioms of communication; adaptation as a process; case management in social practice; work in a multidisciplinary team.

**Course organization and assessment:** The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos. During the seminars students dispute different theoretical overviews to a given topic, discuss case studies and share personal experience.

The practical exercises include class discussions, evaluation of case studies, video analysis and evaluation of horizontal and vertical communication between social institutions.

The course ends with either a written exam (test) or defense of a course project and taking into account ongoing evaluations during the semester. There is an examination in the form of a written test covering the entire material taught at the end of the training course.

## **PSYCHOLOGICAL COUNSELLING AND CRISIS INTERVENTION**

**ECTScredits:** 4.0

**Assessment type:** ongoing assessment and final written exam

**Semester:** V

**Classes per week:** 1l+1s+1p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Vaska Stancheva-Popkostadinova MD, PhD

**e-mail:** [v\\_stancheva@swu.bg](mailto:v_stancheva@swu.bg)

**Annotation:** The lecture is divided into two main modules: psychological counselling and crisis intervention. In the first module are presented the principles and models of psychological counselling and basic skills that are necessary for the consulting practice in social work.

The second module includes the theory of the crisis, the structure and dynamics of the process of crisis intervention and its scope. Particular emphasis is placed on the issue of violence in its various forms and the relevant programs for crisis intervention

The course aims is to equip the students with basic knowledge about basic concepts of psychological counselling and crisis intervention with a view to propose a practical framework for consultation, which can be further developed and adapted according to specific cases in social practice.

**Course content:** conceptual overview and models of psychological counselling; application areas; crisis intervention, conceptual overview and application areas; specificity of crisis intervention with abused children, attempted suicides; early intervention.

**Course organization and assessment:** The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos. During the seminars students dispute different theoretical overviews to a given topic, discuss case studies and share personal experience.

The practical exercises include evaluation of case studies and video analysis.

The course ends with either a written exam (test) or defense of a course project and taking into account ongoing evaluations during the semester. There is an examination in the form of a written test covering the entire material taught at the end of the training course.

## TECHNOLOGY OF SOCIAL WORK WITH CHILDREN

**ECTS credits:** 7.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** V

**Classes per week:** 4l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturers:** Assoc. Prof. Maya Tcholakova, PhD

**E-mail:** [maya\\_tcholakova@swu.bg](mailto:maya_tcholakova@swu.bg)

**Annotation:** The purpose of this course is to complement and systematize students' knowledge in the field of pedagogical and psychological disciplines studying the individual and age characteristics of children, and to offer science-based technological models of prevention, overcoming or compensation for the risk and social disadvantage of children. Students are expected to attain specific training including primarily mastery of theoretical foundations and practical skills for individual work with children and families and work with children's groups.

**Course content:** Introduction; International standards and national documents on child protection; Definition, subject and object of the technology of social work with children; Purpose, principles and content of the technology of social work with children; Methods of diagnosis and risk assessment in the technology of social work with children; Methods of direct social work with children; Specifics of the social casework with children; Specifics of the social group work with children; Working with the family; Planning cycle in the technology of social work with children; Specifics of the support in residential services; Children with special educational needs; Child abuse and domestic violence; Children from ethnic minority communities; Children in conflict with the law; Contemporary challenges in the social work with children.

**Course organization and assessment:** The course is conducted using contemporary methods of teaching and learning, such as multimedia presentations, videos, role-play games, case studies, debates, and so on. The practicum aims to broaden and enrich students' knowledge through self-study of literature, case studies, debating, training of skills to work with children and families.

The forms of evaluation are formative assessment and final written exam. The formative assessment is held by evaluating self-developed cases, role plays, and 1-2 written tests.

## **TECHNOLOGY OF ACTIVITIES WITH OLD PEOPLE AND PEOPLE WITH DISABILITIES IN THE SYSTEM OF SOCIAL WELFARE SERVICES**

**ECTScredits:** 7.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** V

**Classes per week:** 4l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Chief Assist. Prof. Yoanna Tzvetanova, PhD

**e-mail:** [ytzvetanova @swu.bg](mailto:ytzvetanova@swu.bg)

**Annotation:** The program foresees introduction to basic concepts in this area, as well as major theoretical and practical performances of the specifics of the technology of work. Topics of basic concepts of the technology are included, also its essence and its importance for social work. The course aims at students to acquire a system of knowledge and skills for technology of social work with old and disabled people.

**Course content:** Introduction to the discipline. Nature and definition of technology. Concepts, requirements and definitions of technology in social activities. Types of technological approaches in the work of the social worker. Gerontology and geriatrics as disciplines. Demographic aspects and causes of premature aging. Physiological and anatomical changes that accompany aging. Socio-psychological aspects of old people and people with disabilities. Essence individual social work with adults and people with disabilities. Types of skills and relationships in the social work with adults and people with disabilities. Group social work with adults and people with disabilities.

**Course organization and assessment:** The course is conducted in traditionally approved way by using different audio-visual aids, videos.

Practical exercises are conducted primarily with the use of diagrams, videos, solving case studies, role games, group discussions, case studies, study of literature on a given topic.

The exam is written with included topics from a predefined questionnaire.

## TECHNOLOGY OF ACTIVITIES FOR OLDER PEOPLE IN THE SYSTEM OF SOCIAL WELFARE SERVICES

**ECTScredits:** 7.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** V

**Classes per week:** 4l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. D.Sc.Pariz Parizov

**e-mail:** [p\\_parizov@swu.bg](mailto:p_parizov@swu.bg)

**Annotation:** The training course includes knowledge of the technology of activities for work with older people in the system of social welfare services, which is rather important for students due to the specifics of their future work with clients experiencing social problems.

The course in *Technology of activities for older people in the system of social welfare services* aims at presenting and utilizing students with basic knowledge in this area.

**Course content:** Introduction to the course; Nature, concepts, types; Gerontology and geriatrics as a discipline; Demographic aspects and causes of premature aging; Nature of individual social work; Types of skills and relationships; Group social work; Technological strategies; Current trends in working with adults; Types of technologies and requirements.

**Course organization and assessment:** The course is conducted in the traditionally approved way by using different audio-visual aids, videos.

The practical classes are carried out primarily through the use of diagrams, videos, solving case studies, role playing games, group discussions, case studies, and research of literature on a given topic.

The exam is written following a predefined questionnaire.

## SOCIAL MEDICINE

**ECTScredits:** 5.0

**Assessment type:** written exam

**Semester:** VI

**Classes per week:** 2l+1s

**Course type:** compulsory

**Course coordinating department:**

Department of Logopedics

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Ekaterina Mitova MD, PhD

**e-mail:** [ekaterina@swu.bg](mailto:ekaterina@swu.bg)

**Annotation:** In the course in *Social Medicine* the new guidelines and trends for the preparation of different specialties in the disciplines of public health and healthcare are stated as well as to other professionals, which by increasing their knowledge and skills in the field of public health can contribute to reducing preventable diseases and disabilities. The attention of



master students majoring in the “Social studies” will be directed primarily at clarifying the subject and the methodology of the social medicine, its integrative character, complex research policy, social health factors, contemporary concepts of individual and public health, especially risk factors of health.

**Course content:** The aim of the course is to focus the students’ attention to group and public healthcare, to highlight the significance of social problems of medicine and healthcare, to investigate place and role of medico-social and social activities in health promotion and wider personal and social prevention.

The tasks of the course are:

- to propose a methodology for studying the indicators of public health and the health needs of the population, social determinants of health and disease;
- to investigate health status of the population, demographic processes and risk factors of health;
- to contribute to the establishment of a healthy lifestyle;
- to highlight medical and social problems of the active population.

**Course organization and assessment** In the lectures and practical exercises is used a comprehensive, system-wide approach to analyzing the public and private public health, its positive and negative characteristics. Students build critical attitude to developing and realizing social medicine as a science.

In the process of learning students receive ongoing assessment of a presented theoretical work.

The course ends with a written exam - a test of 12 questions from a predefined syllabus are included. The criteria according to which the questions are assessed: accuracy, clarity and precision in the presentation of scientific information.

## **PSYCHOPROPHYLAXIS AND PSYCHOTHERAPY**

**ECTScredits:** 6.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VI

**Courses per week:** 3l+1s+2p

**Course type:** compulsory

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Vaska Stancheva-Popkostadinova MD, PhD

**e-mail:** [v.stancheva@swu.bg](mailto:v.stancheva@swu.bg)

**Annotation:** The training involves studying the basic aspects of mental health, psychological treatment, psychotherapy and mental hygiene, which are closely related to social work.

The main topics are divided into two main modules. The first module uses a three-dimensional framework to present the key activities and programs in the field of psychological treatment throughout individual’s life stages. The second module presents the basic aspects of psychotherapy and necessary skills to apply psychotherapeutic approaches in the different fields of social work.

During the course, students gain valuable knowledge of psychological treatment and psychotherapy and skills for working with individuals, groups and families.

**Course content:** Module “Psychological treatment”: Mental health; Mental hygiene and psychological treatment; Mental hygiene and psychoprophylactic aspects of stress; Mental hygiene and psychoprophylactic aspects of suicide; Mental hygiene and psychoprophylactic

aspects of addictions. Module “Psychotherapy”: Conceptual review; Psychotherapeutic techniques; Psychoanalysis; Behavioural psychotherapy; Cognitive-behavioural psychotherapy, psychodrama; Self-help groups.

**Course organization and assessment:** The course is carried out in the traditionally approved way by using different audio-visual aids, videos.

The seminars are conducted primarily through the use of diagrams, videos, solving case studies, role plays, while the practical classes are held in accredited centers for practical trainings or using videos and authentic cases.

The final exam is written following a predefined questionnaire of 28 topics. The ongoing assessment is performed by evaluating students’ self-developed theoretical topics, review of national programs in the field of psychological treatment.

## CHILD’S LEGAL PROTECTION

**ECTScredits:**4.0

**Assessment type:** final written exam, test

**Semester:**VI

**Classes per week:** 2l+1s+0p

**Course type:** compulsory

**Course leading department:**

Department of Public Law and Public Management

Faculty of Law and History

**Lecturer:** Assoc. Prof. Nadezhda Krasteva, PhD

**e-mail:** [nkrusteva@law.swu.bg](mailto:nkrusteva@law.swu.bg)

**Annotation:**The course expands students’ specialized training in social work with children. Moreover, it introduces students to the current legislation, which focuses primarily on the protection of children, their rights and legitimate interests.

The main objective of the course is to train and prepare staff who are capable of insuring every child’s needs. It is vital for the child to grow in family environment, or at least in environment close to the family one; to get a good upbringing and education; to develop in healthy environment; learn to observe and respect the generally established norms and rules of behaviour in the society and especially to be protected against violent offences.

Among the main intent of the course is to familiarize students with minor offenders and the particular care the government takes for their correction and rehabilitation. Thus, the fundamental training is complemented and it becomes more inclusive.

**Course content:** Historical development of the concept of human rights. The Child’s rights as a system. Child's rights in international law. General characteristics of the Law on Child Protection. The course includes the study of internal and international regulations providing child protection. International laws and acts ratified by the National Assembly of the Republic of Bulgaria

**Course organization and assessment**The course applies contemporary methods of teaching and learning. The seminars are carried out primarily through the use of diagrams, sketches and videos, solving case studies, role playing games.

The exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc. The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, participation in role-playing games and 1-2 tests on predefined topics from the course syllabus.

## CHILD PSYCHOPATOLOGY

**ECTScredits:** 5.0

**Assessment type:** ongoing evaluation and final written test

**Semester:** VI

**Classes per week:** 2l+0s+1p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. VaskaStancheva-Popkostadinova MD, PhD

**e-mail:** [v\\_stancheva@swu.bg](mailto:v_stancheva@swu.bg)

**Annotation:**The course in *Child Psychopathology* includes studying the theories of evolution, framing their contributions and critical aspects. The main disorders are presented in the context of the life cycle of child and adolescent. Both clinical etiological and psychosocial aspects of common disorders of mental health in childhood and adolescence are also discussed. Students should acquire knowledge of basic mental disorders and the peculiarities of age crises in childhood and adolescence; principles of treatment, as well as the ability to identify different psychopathological acts within different age periods, and work with children and families.

**Course content:** Theories of Development; General Psychopathology of Child Development; Research Methods; Etiology, Pathogenesis and Classification of Mental Disorders in Childhood; Autism Spectrum Disorders; Mental Retardation, Emotional and Behavioral Disorders; Sleep Disorders; Behavioral Disorders, Addictions.

**Course organization and assessment:** The course is conducted in traditionally approved way by using different audio-visual aids, videos.

The practical classes are carried out in accredited centers for practical training through presentations and work on cases.

The course ends with either a written exam (test) or defense of a course project and taking into account the ongoing evaluations during the semester. There is an examination in the form of a written test covering the entire material taught at the end of the training course.

## ADULT PSYCHOPATHOLOGY

**ECTScredits:** 5.0

**Assessment type:** final written exam

**Semester:** VI

**Classes per week:** 2l+0s+1p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

National Centre for Public Health and Analysis, Sector of "Mental Health"

**Lecturer:** Chief Assist. Prof. Vladimir Nakov, PhD; Chief Assist. Prof. Romyana Dinolova PhD

**e-mail:** [vnakov@gmail.com](mailto:vnakov@gmail.com); [rdinolova@abv.bg](mailto:rdinolova@abv.bg)

**Annotation:** The course aims to present the main theories of development and highlight their contributions and critical aspects. It also presents the stages of development, the specific problems that they create for mature persons and their relationship with the near and distant surroundings by focusing on specific for different age periods psychopathological manifestations and peculiarities of age crises.

The characteristic of the most common mental health disorders in adulthood is offered. During training are included basic research methods in adulthood, with a view to build skills to apply them in the context of social worker employment. At the same time, it is indicated the role and responsibilities of social workers in multidisciplinary teams working with adults on problems regarding mental development.

**Course content:** Subject and tasks; Types of disorders.

**Course organization and assessment:** The course is conducted in traditionally approved way by using different audio-visual aids, videos.

The practical training is carried out primarily through the use of diagrams, videos, solving case studies, role plays. The practical classes are carried out in accredited centers for practical training or using videos and authentic cases.

The exam is written considering the ongoing evaluations during the semester. The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, case study, and work with literature on a specific topic and 1 class test.

## **OLDER PEOPLE PSYCHOPATHOLOGY**

**ECTScredits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VI

**Classes per week:** 2l+0s+1p

**Course type:** elective

**Course coordinating department**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

National Centre for Public Health and Analysis, Sector of "Mental Health"

**Lecturer:** Zahari Zarkov MD, PhD

**e-mail:** [zaharizarkov@gmail.com](mailto:zaharizarkov@gmail.com)

**Annotation:** The course presents the main theories of development and highlight their contributions and critical aspects. It also gives in details the stages of development, the specific problems that they create for each individual and his relationship with the near and distant environment by focusing on the specific for different age periods psychopathological acts and peculiarities of age crises.

Throughout the course students become aware of any characteristics of the most common mental health disorders in the third age. During the training, students are introduced to basic research methods in the third age in order to build skills for their application in the context of work as social workers. Furthermore, the role and responsibilities of social workers in multidisciplinary teams working with older people with mental disorders are pointed out.

**Course content:** Assessment of mental status of people over 65 –role of the Social worker; "Field test" for the evaluation of cognitive functions; mental disorders typical for old age psycho-organic syndromes; affective (depression) syndromes; dementia syndromes; non-specified conditions; social services framework for people over 65. - Role of the social worker, offices for social welfare services.

**Course organization and assessment:**The course is conducted in traditionally approved way by using different audio-visual aids, videos. The practical classes are carried out in accredited centers for practical training and students work on cases and and handle with various documents.

The exam is written considering the ongoing evaluations during the semester. The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, case study, and 1 class test.

## **SEXOLOGY AND SEXUAL EDUCATION**

**ECTS credits:** 6.0

**Assessment type:**ongoing evaluation and final written exam

**Semester:** VI

**Classes per week:** 2l+2s+0p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Mihail OkoliyskiMD, PhD

**e-mail:** [okoliyskim@who.int](mailto:okoliyskim@who.int)

**Annotation:**The course involves the study of two modules: Sexology and sexual education.

The module sexology is presented as a system of concepts, laws and theoretical constructs, which ensures: systematization of life notions of sexuality; scientific view of various sexual events in life of individuals and society; necessary knowledge for understanding the manifestations of sexual dimorphism; familiarization with objective criteria for assessing sexual behaviour; distinguish of normal and pathological in sexual acts.

The module Sexual education is determined by the circumstances that sexual education still occurs predominantly spontaneously; regulation in this area is mainly in the way of social units and stereotypes and in society dominated by underestimation of the importance of the problematic area of sexual activity in personal and social view.

The students should acquire knowledge of basic theoretical and practical methods in sexology and characteristics of sexuality in different ages and methods of sexual education. Thus,the studentsbroaden their professional competence and their suitability to solve personal and social problems related to their principal work duties.

**Course content:** Sexology as a subject; Main categories of sexuality; The problem "sexual dimorphism"; Levels of sexuality; Stages of sexual contact; Hierarchical signs to assess sexuality; Health assessment of sexual behavior; Nature of sexual education; Criteria for sexual education; Problems of modern society; Sexual education as a practice.

**Course organization and assessment:**The lecture course in *Sexology and Sexual Education* takes place in the traditionally approved way by using different audio-visual aids, videos.

Conducted are seminars with exercises primarily through the use of diagrams, videos, solving case studies, group discussions.

The exam is written considering the ongoing evaluations during the semester. The ongoing assessment is performed by taking 1-2 tests on predefined themes from the syllabus.

## **SEXOLOGY AND SEXUAL EDUCATION IN PERSONS AT RISK**

**ECTSкредити:** 6.0

**Форма на оценяване:** ongoing assessment and final written exam

**Семестър:** VI

**Седмичен хорариум:** 2l+2s+0p

**Course type:** elective

**Методическо ръководство:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Mihail Okoliyski MD, PhD

**e-mail:** [okoliyskim@who.int](mailto:okoliyskim@who.int)

**Annotation:** The course involves the study of two modules: Sexology and sexuality in persons at risk.

The module sexology is presented as a system of concepts, laws and theoretical constructs, studying which ensures: systematization of life notions of sexuality; scientific view of various sexual events in life of individuals and society; necessary knowledge for understanding the manifestations of sexual dimorphism; familiarization with objective criteria for assessing sexual behaviour; distinguish normal from pathological in sexual acts.

The second module Sexuality in subjects with mental and physical disorders is determined by the circumstances that sexuality among people with disabilities has their own peculiarities and in society dominated by underestimation of the importance of the problematic area of sexual activity in personal and social view.

Students should acquire knowledge of basic theoretical and practical methods in sexology and characteristics of sexuality in persons at risk. Thus they expand their professional competence and their suitability to solve personal and social problems related to their principal work duties.

**Course content:** Sexology as a subject; Main categories of sexuality; The problem of "sexual dimorphism"; Levels of sexuality; Stages of sexual contact; Hierarchical signs to assess sexuality; Health assessment of sexual behavior; Nature of sexual education; Criteria for sexual education; Problems of modern society; Sexual education as a practice.

**Course organization and assessment:** The lecture course on *Sexology and Sexual Education in Persons at Risk* takes place in the traditionally approved way by using different audio-visual aids, videos.

Conducted are seminars with exercises primarily through the use of diagrams, videos, group discussions, case studies.

The exam is written considering the ongoing evaluations during the semester. The ongoing assessment is performed by taking 1-2 tests on predefined topics from the syllabus.

## INTRODUCTION TO SEXUALITY AND SEXUAL DEVIATIONS

**ECTS credits:** 6.0

**Assessment type:** ongoing assessment and final written exam

**Semester:** VI

**Classes per week:** 2l+2s+0p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Mihail Okoliyski MD, PhD

**e-mail:** [okoliyskim@who.int](mailto:okoliyskim@who.int)

**Annotation:** The course involves the study of two modules: Introduction to sexuality and Sexual deviations.

Students should acquire knowledge of basic theoretical and practical methods in sexology and characteristics of different sexual deviations, as well as to find solutions to the social problems they cause. Thus, the students expand their professional competence and their capability to solve personal and social problems related to their principal work duties

**Course content:** Introduction to sexuality; Main categories of sexuality; The problem of "sexual dimorphism"; Levels of sexuality; Stages of sexual contact; Hierarchical signs to assess sexuality; Health assessment of sexual behavior; Conceptual system of sexology; Technique of sex life; Definition of sexual disharmonies and their causes; Variation in sexual behavior;.

**Course organization and assessment:**

The lecture course in *Introduction to sexuality and sexual deviations*. takes place in the traditionally approved way by using different audio-visual aids, videos.

Conducted are seminars with exercises primarily through the use of diagrams, videos, group discussions, case studies.

The exam is written considering the ongoing evaluations during the semester. The ongoing assessment is performed by taking 1-2 tests on predefined topics from the syllabus.

## INTRODUCTION TO ERGOTHERAPY

**ECTScredits:**5.0

**Assessment type:** final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Logopedics

Faculty of Public Health, Health Care and Sports

**Lecturer:**Assoc. Prof. Ekaterina Mitova MD, PhD

**e-mail:** [ekaterina@swu.bg](mailto:ekaterina@swu.bg)

**Annotation:**The program is designed for students majoring in “Social activities”. In the “Introduction to occupational therapy”course aims to expand the specialized training of students for social work with children. Basic knowledge about occupational therapy as a science, models of evaluation and intervention are given. By studying the patterns of this interactions, the requirements for creating optimal living conditions for children and people with disabilities are examined. Deviations from normal morpho-functional status due to harmful effects on the physical and social environment, as well as possibilities for their adaptation are also examined.

**Course content:** The course aims to draw the attention of the students, future social workers with children, to the problems and prospects of occupational therapy, as a therapy aimed at promoting health and well-being by facilitating participation in meaningful activities.

**The tasks of the course are:**

- to outline the subject of occupational therapy, its objectives and tasks, as well as its relationship with other disciplines;
- to make future social workers involved in social policy in Bulgaria, as well as empathetic to the obstacles and prospects of children and persons with disabilities;
- provide knowledge about the nature and principles of occupational therapy evaluation and the methods and means of its realization;

- to contribute to the establishment of a healthy lifestyle;
- provide knowledge about the types of Occupational Therapy approaches for interventions based on the nature and principles of occupational therapy intervention.

**Course organization and assessment:** In lectures and practical exercises is used a comprehensive, system-wide approach to analyzing the public and private child health, its positive and negative characteristics. Students build critical attitude to occupational therapy as a science.

In the process of learning students receive current assessment of presented theoretical work.

The course ends with a written exam - a test that in which 12 questions from a predefined syllabus are included. The criteria according to which the questions are assessed: accuracy, clarity and precision in the presentation of scientific information.

## **ENTERTAINING THERAPY**

**ECTScredits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Pre-primary and Primary School Education

Faculty of Pedagogy

**Lecturer:** Prof. Gergana Dyankova, PhD

**e-mail:** [diankova\\_g@swu.bg](mailto:diankova_g@swu.bg)

**Annotation:** The training according to this course includes the study of the history, theory and practice of gaming activities and social adaptation. Students learn the technology to implement a variety of recreational activities and techniques in the field of suggestion, relaxation, and distress impact. Accent in the curriculum is on the effect of entertaining therapy using a variety of activities with revalidation, social purpose.

Students have the opportunity to learn about the various forms and approaches, and obtain main focus on professional competence for adequate treatment to a limited number of recipients.

The course objectives and qualification characteristics correspond both to the ones in the BA programme and the academic standards of the University, as it enriches the professional competencies of students.

**Course content:** Therapeutic and educational effectiveness of human activities; Research and hypotheses for entertaining therapy. Organization, technology activities in the area of entertaining therapy; Preventing of deterioration of disease through recreational activities in the absence of objective and tasks; Treatment and socialization through activities for individuals with limited movements; Working with people in closed regime, isolation and various alienation conditions. Situation of Kaspar Hauser; Characteristics of non-analytical and analytical conversational therapy, behavioural therapy, expressive work, of the movement and sports therapy.

**Course organization and assessment:** The lecture course in Entertaining Therapy takes place in the traditionally approved way by using presentations, numerous diagrams and sketches to illustrate the study material.

The practical classes are conducted in accredited centres for students' practical training, use of documents, study materials, etc.

The exam is written considering the ongoing evaluations during the semester.



## ART THERAPY

**ECTScredits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Pre-primary and Primary School Education

Faculty of Pedagogy

**Lecturer:** Prof. Gergana Dyankova, PhD

**e-mail:** [diankova\\_g@swu.bg](mailto:diankova_g@swu.bg)

**Annotation:** The course includes the study of history, theory and practice of healing through the arts: music, literature, theatre, cinema, art. Students learn technologies for application of psychoanalysis, hypnosis, hypnotherapy, Suggestopedia, relaxation, distress impact.

Using variety of arts with curative intent; the emphasis in the curriculum is on the cathartic effect of perception and creation of works of art.

Students have the opportunity to learn about the variety of art therapeutic methods and approaches, and to get a major focus on professional competence for adequate art therapy for a limited number of patients.

**Course content:** Therapeutic efficacy of works of arts and artistic creativity; Suggestion and treatment. Perception of speech and music. Suggestion, suggestibility. Hypnosis. Nature of hypnosis. Research and hypotheses about hypnosis; Psychoanalysis and Psychotherapy. Characteristics of psychoanalysis. Art and psychoanalysis. Sleep and dreams; Characteristics of Gestalt therapy, Analytic conversational therapy, Non-analytical colloquial therapy, Behavioural therapy, Expressive therapy, Painting therapy; Psychodrama.

**Course organization and assessment:** The lecture course in *Art Therapy* takes place in the traditionally approved way by using presentations, numerous diagrams and sketches to illustrate the study material.

The practical classes are conducted in accredited centres for students' practical training, use of documents, study materials, etc.

The exam is written considering the ongoing evaluations during the semester.

## OCCUPATIONAL THERAPY

**ECTS credits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** избираема

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Chief Assist. Prof. Yoanna Tsvetanova, PhD

**e-mail:** [ytzvetanova@swu.bg](mailto:ytzvetanova@swu.bg)

**Annotation:** The course in *Occupational Therapy* discusses the issues of the emergence of occupational therapy, its history both in Bulgaria and abroad, different types of occupational therapy and its dosage, personnel and equipment, techniques, occupational therapy in different diseases and some results of its application.

The goal of "Occupational Therapy" is to help accelerate and strengthen the healing process with all available means and methods.

**Course content:** Origin, history and nature of occupational therapy; Types of occupational therapy; Occupational therapy and its dosage; Staff, equipment and techniques used in occupational therapy; Occupational therapy in various diseases.

**Course organization and assessment:** The lecture course in Occupational Therapy takes place in the traditionally approved way by using different audio-visual aids, videos.

Conducted are seminars with exercises primarily through the use of diagrams, videos, solving case studies, group discussions.

The final exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc. The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, participation in role-playing games and 1-2 tests on predefined themes from a predefined syllabus.

## MEDICAL REHABILITATION FOR CHILDREN

**ECTS credits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. D.Sc. Pariz Parizov

**e-mail:** [p\\_parizov@swu.bg](mailto:p_parizov@swu.bg)

**Annotation:** The course aims at providing knowledge in the field of medical rehabilitation for children with social problems, with abnormal anatomical and physiological functions as well as other somatic disorders.

The aim of the course in *Medical Rehabilitation for Children* is to present and utilize the students with basic knowledge in this area.

**Course content:** Introduction to the course; Anatomic and physiological peculiarities of children; Functional changes, rehabilitation and medical rehabilitation of the cardiovascular system of children; Primary arterial hypertension; Respiratory diseases, bronchopulmonary diseases, asthmatic bronchitis and others.

**Course organization and assessment:** The course is conducted in traditionally approved way by using different audio-visual aids, videos.

The practical exercises are carried primarily by the use of diagrams, videos, solving case studies, role games, group discussions, case work, study of literature on given topic.

The exam is written taking into account the ongoing evaluations during the semester. The held exam specifies issues, including basic concepts, mechanisms, diagrams and more.

## MEDICAL REHABILITATION FOR ADULTS AND PEOPLE WITH DISABILITIES

**ECTS credits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. D.Sc.Pariz Parizov

**e-mail:** [p\\_parizov@swu.bg](mailto:p_parizov@swu.bg)

**Annotation:** The course aims to provide knowledge in the field of medical rehabilitation for adults and people with disabilities, which are necessary for students because of the essential features of their future work with clients, adults and people with disabilities with social problems and violated anatomical and physiological functions, as well as accompanying other somatic disorders.

The aim of the course *Medical Rehabilitation for Adults and People with Disabilities* is to present and utilize the students with basic knowledge in this area.

**Course content:** Introduction to the course; Functional changes and rehabilitation of the cardiovascular system in adults and people with disabilities; Medical Rehabilitation in myocardial infarction, coronary heart disease, coronary and cerebrovascular insufficiency, in arteriosclerosis, hypertension, changes in the respiratory system with age changes.

**Course organization and assessment:** The course is conducted in the traditionally approved way by using different audio-visual aids, videos.

The practical exercises are conducted primarily through the use of diagrams, videos, solving case studies, role playing, group discussions, case studies, case work, study of literature to a given topic.

The exam is written on predefined themes and reporting of ongoing evaluations during the semester.

## MEDICAL REHABILITATION FOR OLD PEOPLE

**ECTS credits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. D.Sc.Pariz Parizov

**e-mail:** [p\\_parizov@swu.bg](mailto:p_parizov@swu.bg)

**Annotation:** The course aims to provide knowledge in the field of medical rehabilitation for old people, which are necessary for students because of the essential features of their future work with clients, old people with social problems and violated anatomical and physiological

functions, as well as accompanying other somatic disorders.

The aim of the course in *Medical Rehabilitation for Old People* is to be presented and utilized students' basic knowledge in this area.

**Course content:** Introduction; Functional changes and rehabilitation of the cardiovascular system in old people; Medical Rehabilitation in myocardial infarction, coronary heart disease, coronary and cerebrovascular insufficiency, in arteriosclerosis, hypertension, changes in the respiratory system with age changes.

**Course organization and assessment:** The course is conducted in the traditionally approved way by using different audio-visual aids, videos.

The practical exercises are conducted primarily through the use of diagrams, videos, solving case studies, role playing, group discussions, case studies, case work, study of literature to a given topic.

The exam is written on predefined themes and reporting of ongoing evaluations during the semester

## **SOCIAL WORK IN PENITENTIAL INSTITUTIONS**

**ECTS credits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Chief Assist. Prof. Yoanna Tzvetanova, PhD

**e-mail:** [ytzvetanova@swu.bg](mailto:ytzvetanova@swu.bg)

**Annotation:** The training in the discipline: "Social work in penitentiaries" includes acquaintance of the students with the theoretical bases of the social activity in the places of imprisonment. Students acquire knowledge about its essence, goals and tasks, procedural approaches and principles. Special attention is paid to mastering intensive methods for corrective action and specialized programs for value formation and development.

The main goal of the course is to acquaint students with the terminology, the personality of convicts, their communities and groups, the corrective forms of interaction with persons deprived of liberty, the existing system of rehabilitation and resocialization and the main socio-pedagogical paradigms. in this area.

**Course content:** Historical data on the origination of prisons and the development of penitentiary science in Bulgaria. Legal bases of social work in places of deprivation of liberty. Nature and goals of social work in penitentiary institutions. Peculiarities of the object of influence in the places of deprivation of liberty. Factors determining the specifics of social work in prisons. Procedural approaches and methods for individual social work in penitentiary institutions. Case work. The interview as a research method in social work with prisoners. Rationalization of free time in places of imprisonment - cultural and sports activities. Preparing convicts for life in freedom.

**Course organization and assessment:** The lecture course is conducted in the traditionally established way with the use of various audio-visual aids, multimedia presentations, videos, role-playing games, case studies and video materials. The exam is in a written format, taking into account the current grades during the semester. The control during the semester is carried out through the implementation of quizzes on pre-set topics of the studied material.

## **ANTI-OPPRESSIVE SOCIAL WORK**

**ECTS credits:** 5.0

**Assessment type:** current assessment and written exam

**Semester:** VII

**Classes per week:** 2l+0s+2p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Maya Tcholakova, PhD

**e-mail:** [maya\\_tcholakova@swu.bg](mailto:maya_tcholakova@swu.bg)

### **Annotation:**

„Anti-oppressive social work“ is an elective course that aims to introduce bachelor students in Social work to the conceptual foundations and basic characteristics of this critical perspective in social work theory and practice. The course includes learning about the values, knowledge, and skills needed for anti-oppressive social work practice with diverse under-represented individuals and groups.

**Content:** Assumptions and theoretical foundations of anti-oppressive practice in social work. Concepts in anti-oppressive social work. Principles of anti-oppressive practice in social work. Models of anti-oppressive social work. Understanding intersectionality. Power and power distances in the perspective of anti-oppressive social work. Ethics of anti-oppressive practice in social work. Cultural humility in the context of anti-oppressive social work. Working with groups in an anti-oppressive way. Principles of research in the context of anti-oppressive social work. Anti-oppressive practice skills.

### **Organization of instruction and assessment:**

The teaching course is conducted by using traditional and contemporary methods of teaching and learning: lecture, multimedia presentation, discussion, video films, etc. Instructor's own research and practical experience is also used in the process of teaching. The practical exercises aim to expand and enrich the students' knowledge and to build skills for work in a way that takes into account and addresses the power imbalances in practice by keeping a reflective diary, role-playing games, solving cases, etc. They encourage students' own research, contribute to increasing their confidence and positive self-esteem. The exam is written taking into account the formative assessment during the semester.

## **SOCIAL WORK WITH REFUGEES AND MIGRANTS**

**ECTS credits:** 5.0

**Evaluation:** formative assessment and written exam

**Semester: VII**

**Hours weekly: 2l+0s+1p**

**Statute of the discipline:** elective

**Methodical guidance:**

Medico-social Sciences Department

Faculty of Public Health, Health Care and Sport

**Lecturers:** Assoc. Prof. Maya Tcholakova, PhD

**e-mail:** [maya\\_tcholakova@swu.bg](mailto:maya_tcholakova@swu.bg)

**Annotation:**

The course in "Social work with refugees and migrants" is designed for bachelor students in Social work. The main goal is for students to acquire knowledge and skills for critical analysis of the current refugee and migrant situation, problems related to the social integration of refugees and migrants, methods and forms of social work with them. Teaching focuses on contemporary practices in this field and aims to form knowledge and skills through critical reflection and self-reflection.

**Content:** Refugees and identity. The current refugee situation in Bulgaria. Concept of refugees and migrants in the context of international legal and national documents. Institutional and regulatory framework for integration of refugees and migrants. Inclusive policies for refugees and migrants. Ethical aspects of working with refugees and migrants. Casework with refugees and migrants. Group social work with refugees and migrants. Vulnerable groups of refugees. Social work with vulnerable groups of refugees. Specifics of working with unaccompanied minors. Coordination in working with refugees and migrants. Multidisciplinary team. The role of the UN High Commissioner for Refugees in Bulgaria. Non - governmental organizations for work with refugees and migrants. The social worker as a subject in the work with refugees and migrants - professional attitudes and skills.

**Organization of instruction and assessment:**

The teaching course is conducted by using traditional and contemporary methods of teaching and learning: lecture, multimedia presentation, discussion, video films, etc. Instructor's own research and practical experience is also used in the process of teaching. The practical course envisages concretization of knowledge on the main topics and application of methods for practical social work with refugees and migrants in the bases of state structures and non-governmental organizations that have solid experience in the work for integration of refugees. The practical exercises encourage students' own research, contribute to increasing their confidence and positive self-esteem. The exam is written taking into account the formative assessment during the semester.

## PSYCHOSOCIAL REHABILITATION

**ECTS credits: 5.0**

**Assessment type:** ongoing evaluation and final written exam

**Semester: VII**

**Classes per week: 2l+1s+0p**

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Vaska Stancheva-Popkostadinova MD, PhD

**e-mail:** [v\\_stancheva@swu.bg](mailto:v_stancheva@swu.bg)

**Annotation:** Psychosocial rehabilitation (PSR) is one of the components of extensive community-based mental health care. It offers opportunities to support individuals with different types of disabilities to reach their optimal level of independent functioning in the community and optional reintegration into their natural environments (home, work, education, leisure activities).

The aim of the training is to offer knowledge about the nature, models and principles of psychosocial rehabilitation and the possibilities for reintegration of people with severe mental illness in their natural environments. Emphasis is placed on the key role of the social worker in the context of the mental health services offered in the community.

**Course content:** Nascence of psychosocial rehabilitation - a brief retrospective. Philosophy and goals of PSR. Basic principles of PSR. Models of psychosocial rehabilitation. Mental health policies. Severe mental illness and its effects on social skills. Quality of life. Resilience. Needs assessment - models and tools. Individual care plan. Case formulation. Case management. Social skills training. Integrated social and health services. Multidisciplinary teams and supervision in psychosocial rehabilitation. Organization of mental health services in the community - modern trends and good practices.

**Course organization and assessment:** Variety of teaching strategies and methods are used: multimedia presentations, videos and if possible - demonstration of cases. During the seminars, students discuss different theoretical analysis and results from the studies to a given topic, discuss case studies, share personal experience. The use of video analysis is to stimulate critical thinking, intellectual creativity, and sharing of knowledge and skills with and through the class. The current control is carried out by evaluating independently developed theoretical topics, annotated bibliography on certain topics of the lecture course, case studies, test.

The course ends with either a written exam (test) or defense of a course project and taking into account ongoing evaluations during the semester.

## **SUPERVISION IN SOCIAL WORK**

**ECTS credits:** 5.0

**Evaluation:** written exam

**Semester:** VII

**Hours weekly:** 30+0s+0lab+15p

**Statute of the discipline:** elective

**Methodical guidance:**

Medico-social Sciences Department

Faculty of Public Health, Health Care and Sport

**Lecturer:** Chief Assist. Prof. Silviya Miteva, PhD

**E-mail:** [simil@swu.bg](mailto:simil@swu.bg)

**Annotation:** The program is designed for students majoring in Social Activities. It examines the essence of supervision, terms, basic concepts, basic techniques, methods, types and the need for its application in social practice. The problems, cases and their solution through

supervision, the risks and advantages, the challenges before the supervisor and the supervised are discussed.

**Aim of the course:** The course aims to provide students with a system of basic knowledge of supervision, necessary for helping professionals in the process of providing social support, leading individual cases, making assessments and plans, discussing cases and teamwork. interaction.

**Content:** Models for conducting supervision in social practice. Ethical dilemmas. Target groups, basic steps and style of supervision. Supervisor's personality, needs, encouragement, assertive communication and protective behavior. Growth mentality and fixed mentality. Working with attitudes and beliefs. Mentalization. Resilience. Group supervision. Team supervision - challenges, models and risks. Organizing keeping and documenting supervision. Individual supervision and intervision. Supportive supervision and prevention of burnout. Supervising the practice of a social worker. Supervision in social services.

**Organization of instruction and assessment:** The lecture course takes place in the traditionally approved way by using different audio-visual aids, videos. Seminars are conducted primarily through the use of diagrams, videos, solving case studies, group discussions. The exam is written considering the ongoing evaluations during the semester. The ongoing assessment is based on the results of 1-2 tests on predefined themes from the syllabus.

## PREVENTION OF VIOLENCE

**ECTS credits:** 5.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+1s+0p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Prof. Vaska Stancheva-Popkostadinova MD, PhD

**e-mail:** [v\\_stancheva@swu.bg](mailto:v_stancheva@swu.bg)

**Annotation:** Violence is a serious public health problem. The course offers a theoretical interpretation of violence as a phenomenon, its individual types and varieties; a comprehensive assessment of violence and its consequences through an appropriate set of criteria; skills for developing an adequate strategy for professional behavior in the study and assessment of cases of violence, as well as in developing programs for its prevention. Given the interdisciplinary nature of violence, the program covers aspects of law, sociology, psychology, medicine and social work. The main goal is to offer knowledge and skills for understanding and recognizing the different types of violence, risk factors and developing prevention programs. Course content is structured on an interdisciplinary perspective that will enable students to recognize different types of violence and be able to examine not only effective preventive approaches and strategies, but also interventions.



**Course content:** Terminology and definition of violence against children. Current classifications. Risk and protective factors. Resilience. Types of violence and neglect - main features. Cycle of violence. Consequences of experienced violence in childhood. Strategic documents in the field of prevention of violence and neglect of children. Modern legislation on prevention of violence against children. Violence prevention - models and approaches. Role of WHO and ISPCAN. Levels of prevention. Coordination mechanism.

**Course organization and assessment:** Variety of teaching strategies and methods are used: multimedia presentations, videos and if possible - demonstration of cases. During the seminars, students discuss different theoretical analysis and results from the studies to a given topic, discuss case studies, share personal experience. The use of video analysis is to stimulate critical thinking, intellectual creativity, and sharing of knowledge and skills with and through the class. The current control is carried out by evaluating independently developed theoretical topics, annotated bibliography on certain topics of the lecture course, case studies, test.

The course ends with either a written exam (test) or defense of a course project and taking into account ongoing evaluations during the semester.

## **PEDAGOGY AND HABILITATION OF CHILDREN WITH DISABILITIES**

**ECTS credits:** 6.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+1s+0p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Maya Tcholakova, PhD

**e-mail:** [maya\\_tcholakova@swu.bg](mailto:maya_tcholakova@swu.bg)

**Annotation:** The program borrows concepts from various scientific and theoretical perspectives, seeking to examine them in relation to the main purpose of the teaching course, namely: to complement, systematize and focus the students' knowledge on the explanatory models of disability in children, the characteristics of particular groups of children with special educational needs (SEN) with the emphasis on the guidelines for early identification, habilitation and intervention, the contemporary educational context for children with specific abilities, and the role of the social worker in these processes.

**Content:** Introduction to the course; Explanatory models of disability; Classification of children with disabilities / special educational needs; Key terms used in the teaching course; Principles in habilitation of children; Children with intellectual disabilities; Children with visual and hearing impairments; Children with physical disabilities and health impairments; Children with profound and multiple disabilities; Children with autism spectrum disorders; Habilitation and early intervention; Integrated and inclusive education; Legislation and regulations for teaching children with special educational needs in Bulgaria.

**Organization of instruction and assessment:** The course is conducted using contemporary methods of teaching and learning, such as multimedia presentation, video, role-play, case

study, debate, and so on. The practicum aims to broaden and enrich students' knowledge through self-study of literature, case studies, debating, etc.

The forms of evaluation are formative assessment and final written exam. The ongoing assessment is held by evaluating self-developed cases, role plays, and 1-2 written tests.

## PALLIATIVE CARE

**ECTScredits:**6.0

**Assessment type:**written exam

**Semester:** VII

**Classes per week:** 2l+1s+0p

**Статут на дисциплината:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Chief Assist. Prof. Yoanna Tsvetanova, PhD

**e-mail:** [ytzvetanova@swu.bg](mailto:ytzvetanova@swu.bg)

**Annotation:** The aim of this academic discipline is to give students knowledge and skills about the nature of the problems and care of patients in the terminal stage of their illness, when the patient, their family and all medicine is helpless. With the acquired skills during the course of education students will be able to provide care and support which will improve quality of life for both the person and their family.

The aim of the course is acquiring knowledge about biological, medico-social aspects of end-of-life care in different diseases and the contemporary clinical and psychological approaches toward patients. The acquired experience and information will give students capability needed for working with terminal stage patients as professional healthcare givers, to give them psychological help and consultation according to the current standards of medical care. The course forms practical skills, type of communication and caring for the end-of-life patients in students. At the end of the course students will have learnt how to empathize with and care for terminal patients according to the acquired knowledge and skills.

**Course content:** Aim, subject and range of palliative care. Psychological, social and spiritual aspects of dying. Attitude towards death and dying in different religions: Christianity, Islam, Judaism, Buddhism. The meaning of quality of life in terminal stage patients. Multidisciplinary approach in palliative care. Types of nursing homes and organizations for nursing care. Legal regulations for nursing homes in Bulgaria and countries in the EU. Announcing to patients the truth about their disease. Euthanasia and assisted suicide. The specifics in palliative care for children and their families. Specifics in palliative care for geriatric patients. Care for the families of terminal stage patients. Psychological problems in personnel, working in palliative care. Pathophysiology of pain and its management.

**Course organization and assessment:**Lectures - the referred themes are studied in relevance of their specific nature and in all of them are used multimedia and computer configuration.

Seminars - The topics in the program are reviewed and put into practice. A written exam/ test is the main form of examination and grading. Students' knowledge and skills will be graded by the six-point system.

Testing procedures are: current control – it is implemented during the lectures and exercises; exam – the course is finished with a written exam, which includes test, theoretical questions, practical tasks.

## LABOUR EXPERTISE AND JOB PLACEMENT

**ECTScredits:** 6.0

**Assessment type:** ongoing evaluation and final written exam

**Semester:** VII

**Classes per week:** 2l+1s+0p

**Course type:** elective

**Course coordinating department:**

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

**Lecturer:** Assoc. Prof. Verka Lazarova, PhD

**e-mail:** [y.lazarova@law.swu.bg](mailto:y.lazarova@law.swu.bg)

**Annotation:** The course discusses issues regarding rehabilitation of people with illnesses and disabilities, as well as the problems of work performance and work environment. The students are introduced to the joint activities of social workers and medical experts towards people with illnesses resulting in either temporary or permanent disability, the necessary documents and projects for analysis of performance of people with reduced working capacity.

**Course content:** Contemporary labor-medical expertise and vocational rehabilitation; Labor and health, Working capacity; Morbidity with temporary or permanent disability, Necessary Documents; Strategy of the Ministry of Health for Rehabilitation of people with reduced working capacity.

**Course organization and assessment:** The course applies contemporary methods of teaching and learning. The seminars are carried out primarily through the use of diagrams, sketches and videos, solving case studies, role playing games.

The exam is written considering the ongoing evaluations during the semester. The test consists of 8-10 questions, including basic concepts, mechanisms, diagrams, descriptions, etc. The ongoing assessment is performed by evaluating assignments on theoretical issues, conduct of independent studies, participation in role-playing games and 1-2 tests on predefined topics from the course syllabus.